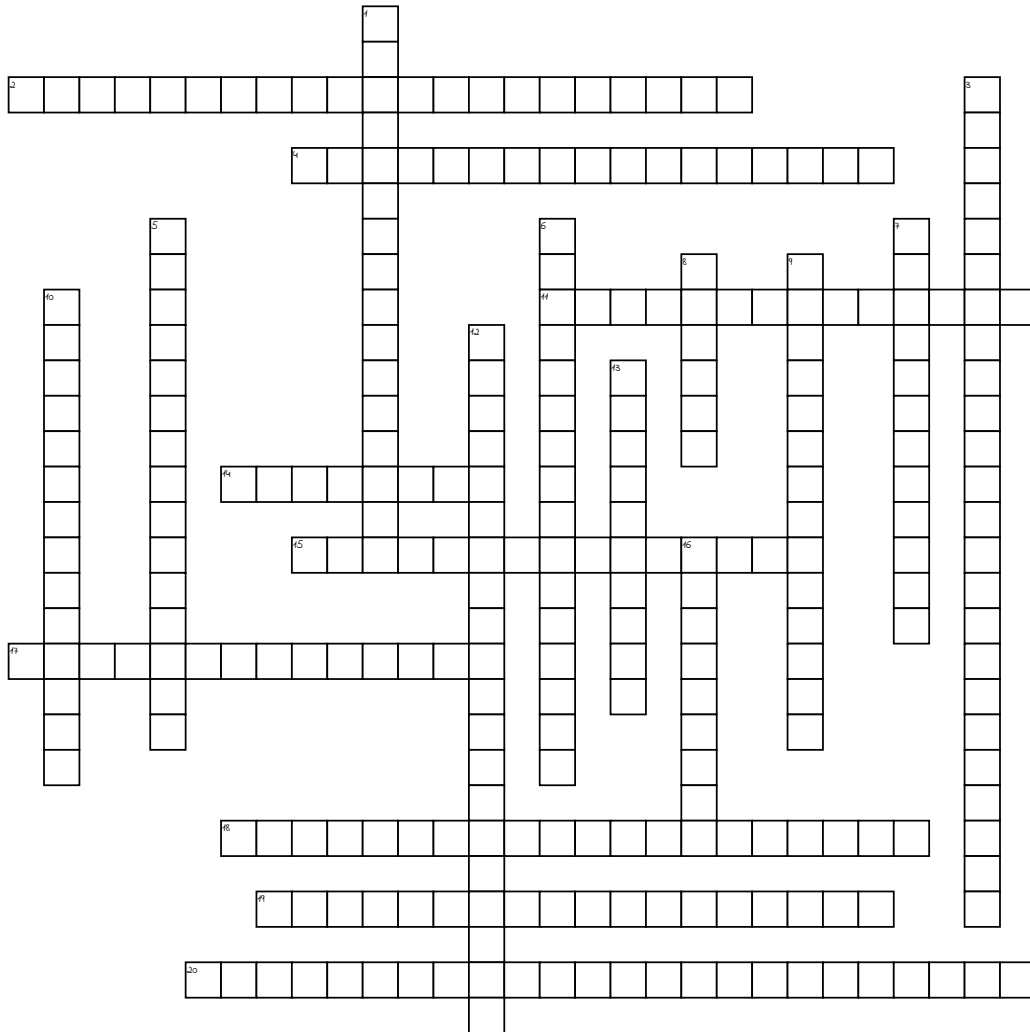


Health Capstone



Across

- 2. pattern of behavior a person uses in a conflict
- 4. honestly states their feelings or decisions
- 11. the average number of years people are expected to live
- 14. A disagreement between two or more people/between two choices or more
- 15. hold back their feelings or ideas
- 17. a person who uses their skills to influence health behaviors

- 18. influences you to behave irresponsibly
- 19. uses harmful words or actions that are disrespectful
- 20. steps that you can use to settle a disagreement

Down

- 1. skills that help you say "no"
- 3. Steps you can take to settle a disagreement
- 5. a place that matches people with volunteer jobs
- 6. loss of enthusiasm about volunteering

- 7. the sum of positive and negative influences on a person's health
- 8. quality of life known collective
- 9. substances produced in the brain to create the feeling of well-being
- 10. belief in oneself
- 12. influences you to behave responsibly
- 13. a healthful behavior a person works to achieve
- 16. a person who provides a service without pay

Word Bank

- | | | | |
|------------------------|------------------------|----------------------------|-------------------------|
| Self-Confidence | Negative Peer Pressure | Conflict-Resolution Skills | Assertive Behavior |
| volunteer Burnout | Passive Behavior | Life Expectancy | volunteer |
| Beta-endorphins | Health Goal | Conflict Resolution Skills | Conflict Response Style |
| Positive Peer Pressure | Health | Conflict | Resistance Skills |
| Health Status | Health Advocate | Aggressive Behavior | volunteer Center |