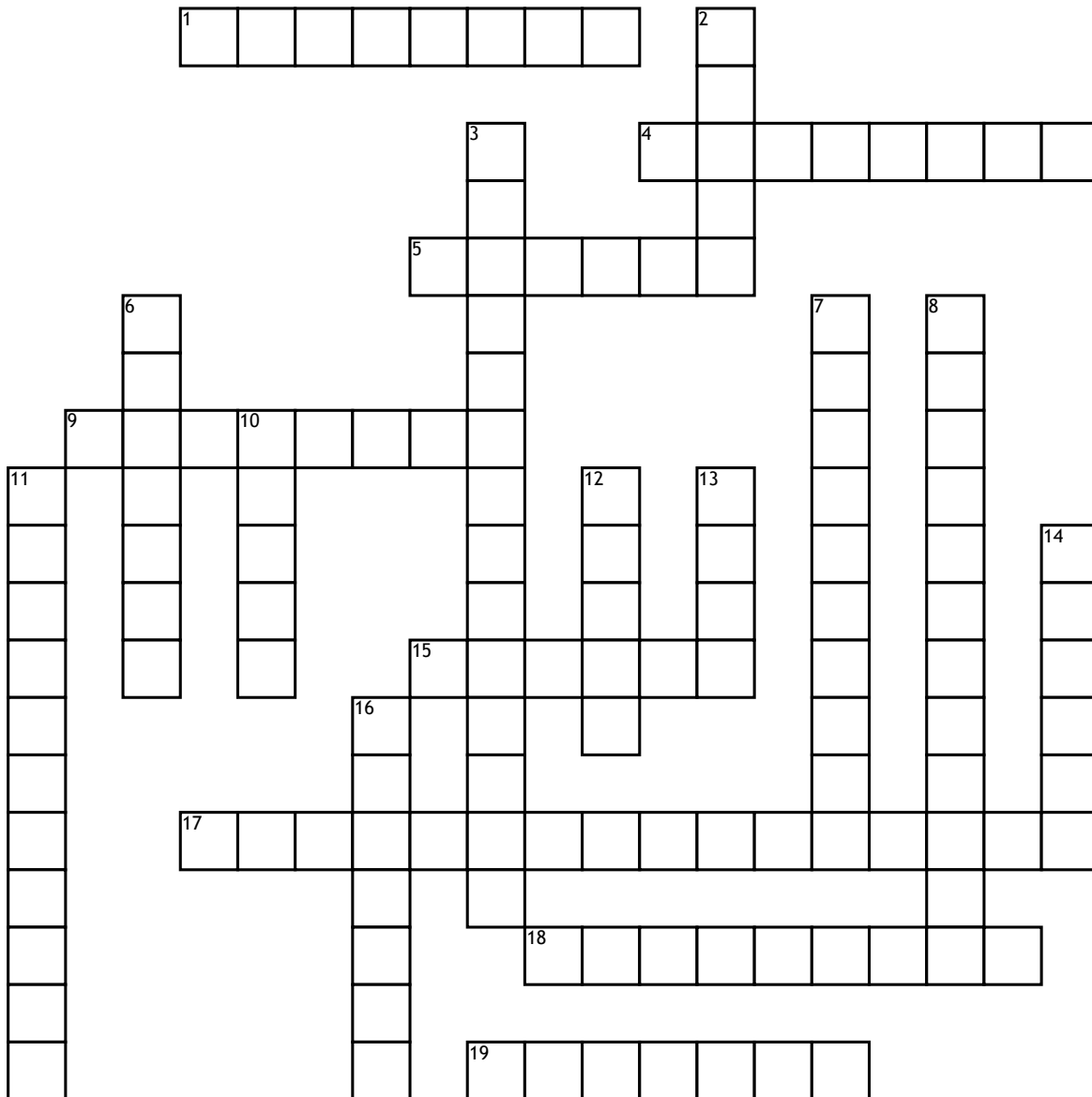


Have a very renal Christmas



Across

1. high phosphate 'marmite' flavoured snack
4. 2 of these low potassium fruits make a portion
5. high protein low phosphate bird traditionally eaten at Christmas
9. traditional high potassium pastry best to be eaten in small quantities
15. high potassium savoury snack
17. traditional high potassium christmas dessert made from dried fruit

Down

18. Sparkling wine from France
19. low potassium sweet or savoury snack
2. Makes a meal less dry but needs to be included in a fluid allowance
3. A traditional christmas vegetable thats high potassium
6. low potassium dessert made with jelly, tinned fruit, sherry and cream
7. low potassium christmas biscuit

8. low phosphate and low potassium christmas stuffing
10. low phosphate topping for dessert
11. low potassium spirit and mixer
12. traditional fat used for roasting christmas spuds
13. you need a special 'cracker' to open this high potassium snack
14. traditional milky high phosphate cocktail
16. cooking technique to remover potassium