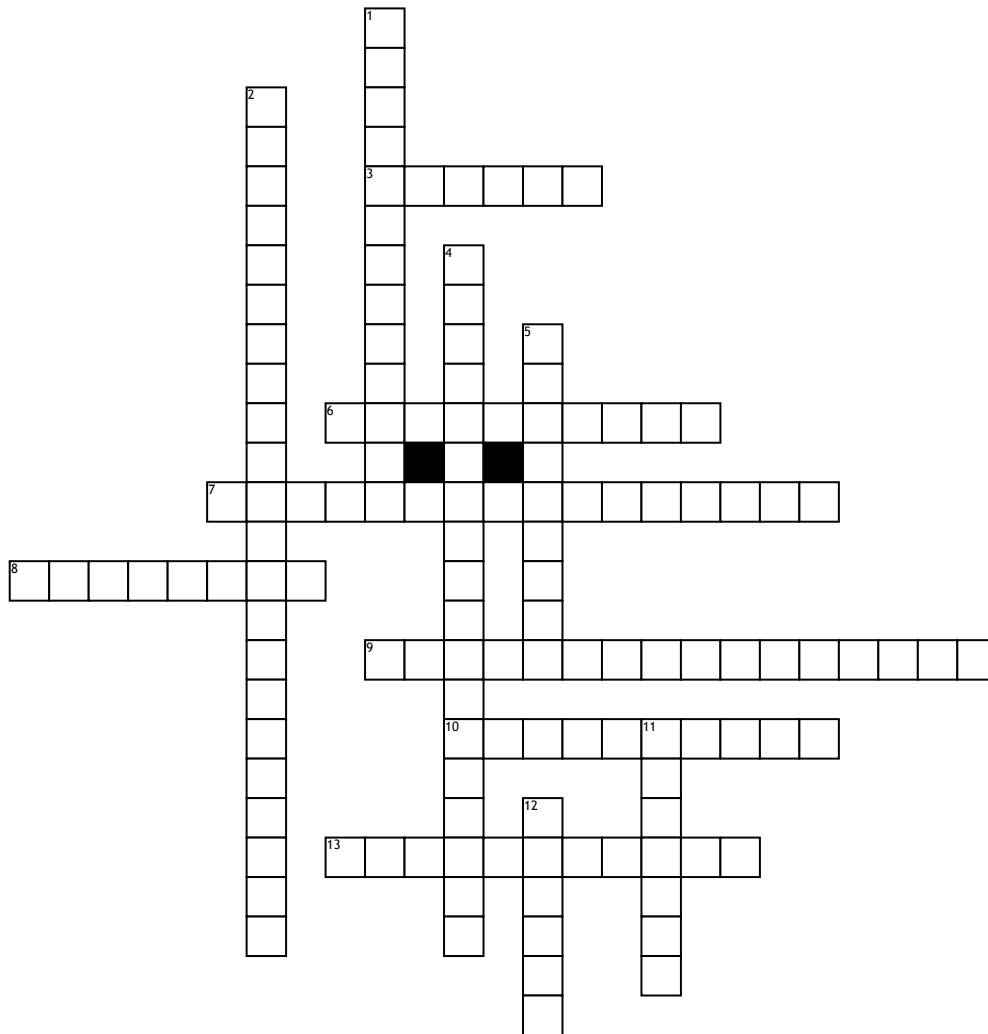


Name: _____

Date: _____

Hauora



Across

- 3. What is the Maori Philosophy of well-being
- 6. Maori name for Physical dimension
- 7. spiritual is also about...
- 8. what dimension does sleep come under?

- 9. Taha whanau is about
- 10. What is the Maori name for the social dimension?
- 13. We can help our Taha Tinana dimension by

Down

- 1. Maori word for Mental and emotional?

- 2. A bad influence on our Taha Hinengaro is...
- 4. What dimension is about thoughts and feelings?
- 5. what is Taha Wairua?
- 11. physical dimension is also about
- 12. what is one important aspect of spiritual

Word Bank

Spiritual
Personal identity
Taha Tinana
Hygiene
Taha Whanau

Taha hinengaro
Mental and emotional
being active
unhealthy relationships

Physical
values
Hauora
Family and friends