

Name: _____

Date: _____

Habit 1

R I S E A B O V E A B U S E U O J I O U R R B V
K N E A D K O M C F K B E I J N A T D U E U R Z
S K V O K O S U C M A D V S N Z K N T F A Z Z Q
Q E U M L E N M P Y H A I A I I D F Q L C W O V
V R L F N Q X T O Y S V T B P Z M S F Z T R U I
F B V F V H O R B F F R I O C X D B E J I L P C
S A C B A A E F L L T A S E Z P V G H Q V U M T
K B L D R W P C I X A C O N S C I E N C E X Z I
I W L B R P A I E Q W M P N E E X X D D Q V Q M
M J N V K F L R T R Q U E S P R T V W I Q C F I
A R C P Q Y E N E Q L H I I L D J B N D Z Q O T
G E H P R Y Z V R N O K G D Y O G Z A U X V U I
I Y A P X E V B I F E Z T B K F O R I C J P P S
N C N D M S X E L T W S M C C M E T F I K B R V
A S G Y F V C H Q K C Z S P C W H Z N M Q S B I
T K E B B O U N C E B A C K O Z O V X A Q S M R
I N A D P M X Q K Q F W O P F B R J Y F M D X U
O I G B I H X I R C Y D L R D T X Z U D T U B S
N H E L Z R W F H Z R L T I P T Y T Z Z M T H R
U T N R O A U V Q L I Z A B I R I X M O D N A C
W Y T P E U F N S W U M U M G P U S H P A U S E
Q Q L O R T N O C F O E L C R I C M G N S T M M
A S K U F S M K H B U U K Q K V Z T F N T P Q U
I R G G L L J P E R G Z A H E L E N K E L L E R

Circle of Control	rise above abuse	Victimitis Virus	selfawareness
change agent	helen keller	don't blame	bounce back
human tools	imagination	conscience	push pause
willpower	proactive	positive	setbacks
reactive	Can do	think	