

Name: _____ Date: _____

Habit 1: Be Proactive

1. What is physical or emotional maltreatment? A. triumphs
2. When a task is brought to completion, it is an _____. B. conscience
3. A person's feeling or emotion toward something is his/her _____. C. creative
4. A ____ is a person or thing that is chosen. D. control
5. Blameworthiness of one's own conduct, intentions, or character with an intention to do good is one's _____. E. accomplishment
6. When a person restrains from doing something, he/she has _____. F. willpower
7. A person is considered to be ____ when he or she has the ability to create. G. setbacks
8. What is moral or mental strength? H. proactive
9. A person is ____ when he or she is developing to maturity. I. responsibility
10. Sally is using her ____, which is her creative ability. J. initiative
11. Dan took the ____ to facilitate the beginning of the group task. K. force
12. Existing for a long period of time means that you have to be ____ and not give up. L. persistent
13. A ____ person will act in anticipation of future problems, needs, or changes. M. abuse
14. ____ behavior happens as a result of stress or emotional upset. N. growing
15. What is moral, legal or mental accountability? O. reactive
16. Being aware of your own personality and individuality means you have _____. P. choice
17. ____ cause us to check our progress. Q. self awareness
18. victories and successes are ____ R. victim
19. A person who is acted on and adversely affected is a _____. S. attitude
20. What is the energetic determination to succeed? T. imagination