

Name: _____

HEAL-Therapy

K Q G R E F L E C T I O N P K Y Y
C O N N E C T I O N I N K S K R V
N O I T A T I D E M B D H I B R U
Q O U M P H E A L I N G S S D V B
O Y T I L A U T I R I P S T O O X
S C O T C E Q C F J A D Q E O U S
C J H T R O L M C C U W Q R H E S
I M D I S A M Y E L E A P H R R E
T W G M Z R V M T R I P T O E U N
U S A E C B A E U S Z A E O H S L
E D Q V Q R Q X L N E R O D T I U
P E T R A U M A Y I I F E V O E F
A I M P R O V E M E N T I A R L D
R E A D I N G R S T W G Y L B J N
E N O I T A S R E V N O C F J G I
H F E U G R O W T H R R F V B O M
T L Z G Y L I M A F R F X D Y S I

Conversation

Spirituality

Brotherhood

Improvement

Mindfulness

Therapeutic

Connection

Meditation

Reflection

Sisterhood

Community

Lifestyle

Traveling

Healing

Leisure

Reading

Family

Growth

Trauma

Space

Time