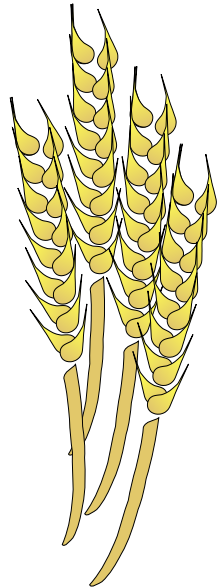


Grains



- Cracked Wheata
- Whole Grain
- Whole Wheat
- Fettuccine
- Long Grain
- Buckwheat
- Endosperm
- Flatbread
- Spaghetti
- Triticale
- Al Dente
- Amaranth
- Couscous
- Farfalle
- Leavened
- Macaroni
- Lasagne
- Noodles
- Oatmeal
- Millet
- Quinoa
- Pasta
- Spelt
- Wheat
- Hull
- Rye

Y Q H G U M A C A R O N I S U C N
 O D E N D O S P E R M A E A Y O M
 D A E R B T A L F T W L B T L U I
 R U H O R U A T S H D F U S A S L
 Y I F U G C W P O O V G C A E C L
 E A M P I B E L O I X L K P M O E
 I M M T C L E N F U N R W X T U T
 S T I A T G E F X L X I H P A S F
 V R L R R T I T A E H W E L O H W
 T F M A N A K T L R E H A H D W M
 W G I E E I N C T E F N T W O W U
 I N D N P F W T Q E A A G C A R M
 S L C H F S E O H X H V L A I H R
 A Z U W A O N I U Q Q G E L S S Z
 X L N I A R G G N O L L A N E A L
 L S E N I C C U T T E F W P E D L
 O A T A E H W D E K C A R C S D S