

Name: _____

Goal Setting

V S N G L C P N E D Q J S G K X B W R L V N A C
I V L F Q N H D E C I T S I L A E R C J T S W S
V U Z M Y V S N O I T S E U Q X L C I U L R E M
J A M M N O I T C A E K A T V D V M U W T E T V
J O P W N L L W L B S E O R Z L U M C M Q K N P
T N J D X A G U A A K E E O G Y K D K S Y O Y S
R D W Q T J T T S K S G H T P R G L K C I G H E
L R F O N W M C L J A N T F C N M A R T G O C N
O T X R E V I S E W T A J F I B V L I U F O H U
N T X A I T B H D I J H E M S D T S M U C D H N
G C O S U W F Z K X X C L X T N N G H Q F P W P
T Q B T F R V B K H N E L E K A G B C F O R K G
E K D S G Q O Y E N H B V E R N M S S A U A V C
R K D S T S D O Z W Q S T T I R L V U B X C M H
M B S L N A J C R D I E C C E G M Q P C V T O H
F V S B R H E E W W L Q Q T H P R E P A R I N G
L C M F L L V K P P P Y T C B P G H O Q I C X M
G I X Q Q O R C M D E R P M V E L S R R J E S O
L E Y S K Z J O Q X O K P A N V M U T X L S T W
L M H G C D C P S H X O G J P T A M X C F D W Q
X N P G O Z B M S H R B D K L L N V N K Q U N T
Y J H W E S F W U S S I J Z W D A N P R C G M I
I M E W J O S S C W E I T C R A G C Q P T Y M R
H N F S C Z B C Z D V R C F L P E S W P R S N K

good practices
transition
preparing
complete
manage

overwhelming
Short term
realistic
support
revise

take action
questions
long term
change
tasks