

Name: _____

Date: _____

Global Health Awareness

A Z Z O O R U F Z N X P B P N E X E R C I S E S
V K F Y F U Y I N W N Y Z T W D C H C M A X O P
D R S T T T E N Y Q U N I Q U E N E S S C H S I
B E T B B A L A N C E R V A Y S Z G U Q T X W R
J I N T E L L E C T U A L O C N I A S Z I A U I
J U Z H D A B V D C G F G X H Q U W B P V Y W T
Y H T L A E H G N I T A E Q B T V W G H I A A U
X B Y H P W B W K J F H I I B D S E I Y T W L A
E Y B D G L Q J O J E R R E V I L L V S I A K L
C T E M T U A S H V O N E Q P X U L E I E R I V
M C E O T X A N O E W U X T S B N N B C S E N Q
T H E R A P Y L O O C Q R T A K S E A A R N G F
O O Z O Q R I M P I E D P N R R A S C L P E Q H
X U L V Q J H E A L T H Q X E Z D S K D S S J Z
G K A S M E T H M S H O I B S Y P Y Q D A S H I
Z A E L L G N M K K A V M W S O P O H D R V B Q
O M Z G K B E E L C D E I E H S Y K A O E P M I
B K R D Q N R A I L V M T T T Y E R X Q T N D Z
C C Y N W M T G A G M W S V P Q P R I F I F J V
H S X G Y N S B A I Y L A M T Y G X T T Y Z T Q
E O Y P E M O F N T D H G O A L S K S S L B E P
A C V M M L O G O N U D V E G H S S O C I A L V
R C P F G J Z I I G W V O J P B I K I N G F K Q
T F E V R Q K S W A I W Q H X S V C O S X D C D

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|----------------|--------------|------------|------------|-----------|
| Eating Healthy | Intellectual | Uniqueness | Activities | Awareness |
| Emotional | Give Back | Spiritual | Wellness | Exercise |
| Swimming | Physical | Journey | Therapy | Hygiene |
| Hydrate | Balance | Walking | Global | Health |
| Mental | Biking | Social | Stress | Heart |
| Goals | Laugh | Yoga | Love | Live |