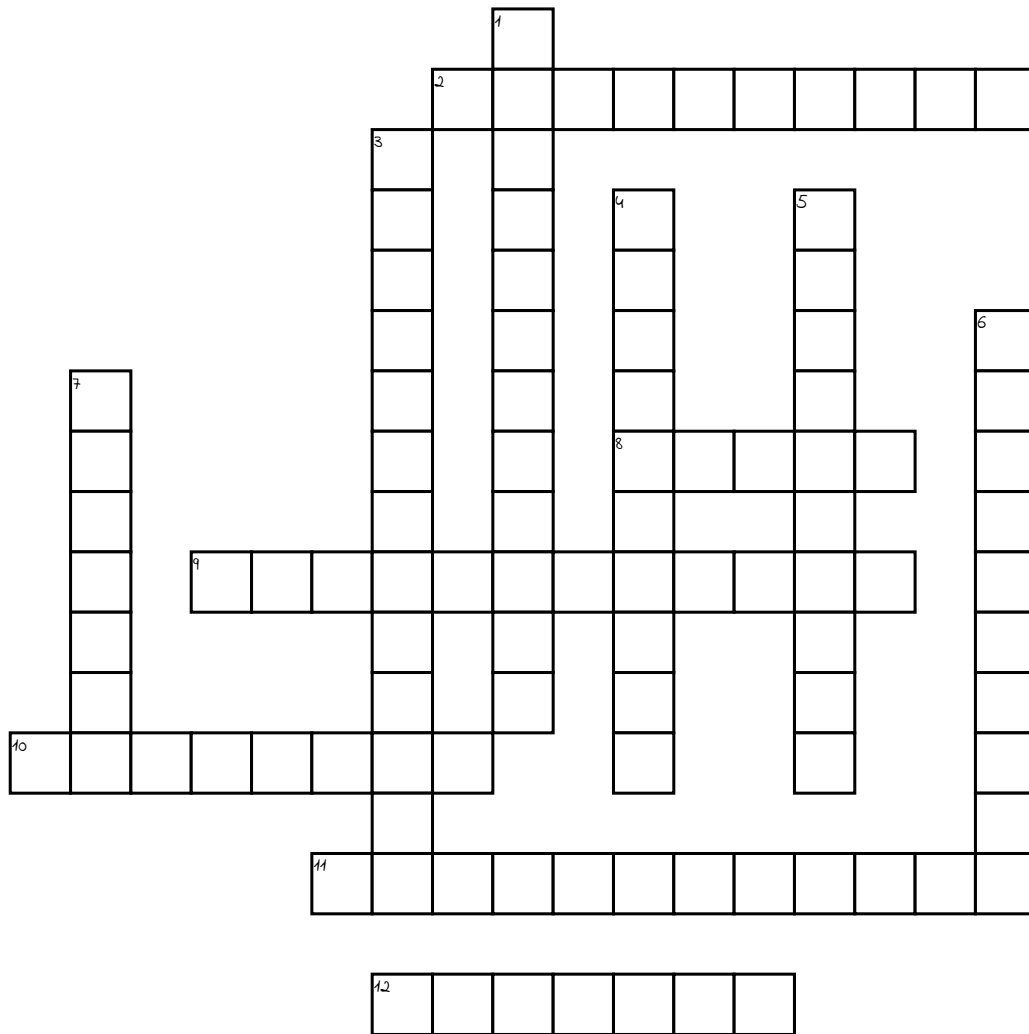


Gestalt Therapy and Transpersonal Therapy



Across

- 2. Serious thought.
- 8. Co-founder of Gestalt Therapy.
- 9. What is beyond the self.
- 10. First practitioner of transpersonal art therapy through their belief that the individuation process required exploration and integration of spiritual dimension as expressed through imagery of dreams and art.

- 11. Art Therapy Pioneer who combined art with meditation and developed the "scribble technique."
- 12. German word meaning whole form that is greater than the sum of its parts.

Down

- 1. Activity that stimulates the tactile sense.
- 3. The belief that spirituality is important to an individual's wellbeing.

- 4. Pioneered humanistic art therapy and explored how art expression led to self-transcendence.

- 5. Practice to relax the mind, body, and spirit.

- 6. Founder of Gestalt art therapy and student of Fritz.

- 7. Art expression in the form of circles.

Word Bank

JOSEFGARAI	FLORENCECANE	TRANSPERSONAL	MEDITATION
SENSORYMOTOR	GESTALT	REFLECTION	FRITZ
JANIERHYNE	MANDALA	CARLJUNG	SPIRITUALITY