

Name: _____

Date: _____

GET MOVING - ENERGY AND FOODS

L M L I N B H I K V Y N O M L A S T M K S K Y X
K Y L R O M A I N L E T T U C E K V Q D A C C P
J X E R S O F S Q V S T M S G X E R P L J E U R
U J M W T W T A U O D P E T R I V B E X L T R Y
B C O W S H H N I W R M I T P T V Q G E R A D C
Z Z N G G L B A D T I A Z N J F C B H M E L X J
Q L S R A E I N W L U L N L A I O V C P P O G S
N R F E P A Y A W V E G A G W C X J Z O S C T N
S I X E Z F E B X X C L C Y E H H T G R N O U I
Z B T K Q Y N N R P C O E S T S Z S I K I H Y M
P T S Y K G R Z Q Z C H J B U I V U R G A C V A
X E D O I R U S Q O S B I U N G R P L R R K H T
F A N G R E O D N D L R O C E K X E S A G R N I
Y X O U E E J U O Y Z D R J K B R R C P E A O V
I P M R N N T O S E I P W W W E C F O E L D P R
B K L T A S F N P M H P E L F L N O U F O W B C
Y N A D P Y E G G X C P F Z T O N O T R H O E M
B I Z H G T B E T I V I U Z I O C D S U W L M L
Y B R R R T B R F Z S P R O V N M S B I G A F O
J K E K A X M O X F W Z C H O C O L A T E E E R
H N B F X B G F W X O N R H X R P J F S E C J I
E B Q B B B Y I X I L C R W J V H N X B R A W V
T U R K E Y M S A Z D A K J I U V N H S S T U N
C E T M D P X H U I L Y U V B W A T E R P F W F

Dark Chocolate
Leafy Greens
Vitamins
Coconut
Salmon
Fish
Tea

Romain Lettuce
Whole Grains
Journey
Oranges
Turkey
Kale

Energy Foods
Girl Scouts
Almonds
Spinach
Limes
Nuts

Grape Fruits
Super Foods
Bananas
Coffee
Water
Pork

Greek Yogurt
Chocolate
Chicken
Lemons
Beef
Tune