

Name: _____ Date: _____ Period: _____

Fractured Clavicle Review

W 4 J C W W S M R E D L U O H S E C I E H Z Z S
W A D G O T K S R E L R W T N 8 G S P J E E T E
G L F P L N W U E L E T J R O S N B 8 P L W N S
W S A E B I 8 R D C S L 3 A D U I G B Z D C I I
W E L N T O 4 G L S I L E U N P L L I T W A O C
M S L D C J G I U U C M P M E R S E C O I 3 J R
T I O U E R N C O M R U K A T A A N E L T U R E
S C N L R A I A H S E N F L S R O P K H X A X
C R O U I L L L S I X R C U A P A H S F P S L E
A E U M D U A H O R E E L G T I E U M N L S U P
R X T E S C E E T A P T P U I N W M U A A E C E
M E S X N I H A N L I S G N P A A E S C T C I C
O F T E W V L L O U R N 3 A I T P R C R E O V I
B F R R P A A I G P G F C R C U K A L O S R A R
I U E C X L C N N A F B G B I S 3 L E M A P L T
L C T I H C I G I C E W J G B T H J S I N D C C
I R C S 3 O G 3 L S L S O M D E I O C O D I O I
Z O H E 3 N R 4 L B C W W R D N Z I A N S O I R
A T E T N R U M A U I M I V K D L N P L C C M T
T A D C G E S O F S V O V H A O G T U R A O E
I T A W 3 T N N J A A H S W N N R L F E R R M
O O R 4 D S O T E D L D 4 L O W R A 4 W O C O
N R M V 8 A N H T V C R S C K J D O K S C A S
M R L C O L S 3 M W A J Z 3 B L N C M V D I

Held with plates and screws
Isometric tricep exercises
Rotator cuff exercises
Subscapularis Muscle
Pendulum exercise
Bicipital tendon
Biceps Muscle
Direct blow
Scapula

SURGICAL Healing 3-4 months
fall on out stretched arm
Sternoclavicular Joint
Supraspinatus tendon
Scar Mobilization
Work on R.O.M.
Wear a sling
Acromion
Sternum

NON-SURGICAL Healing 4-8 wks
Acromioclavicular Joint
falling onto shoulder
Glenohumeral Joint
Coracoid Process
Grip exercise
Ice Shoulder
Clavicle
trauma