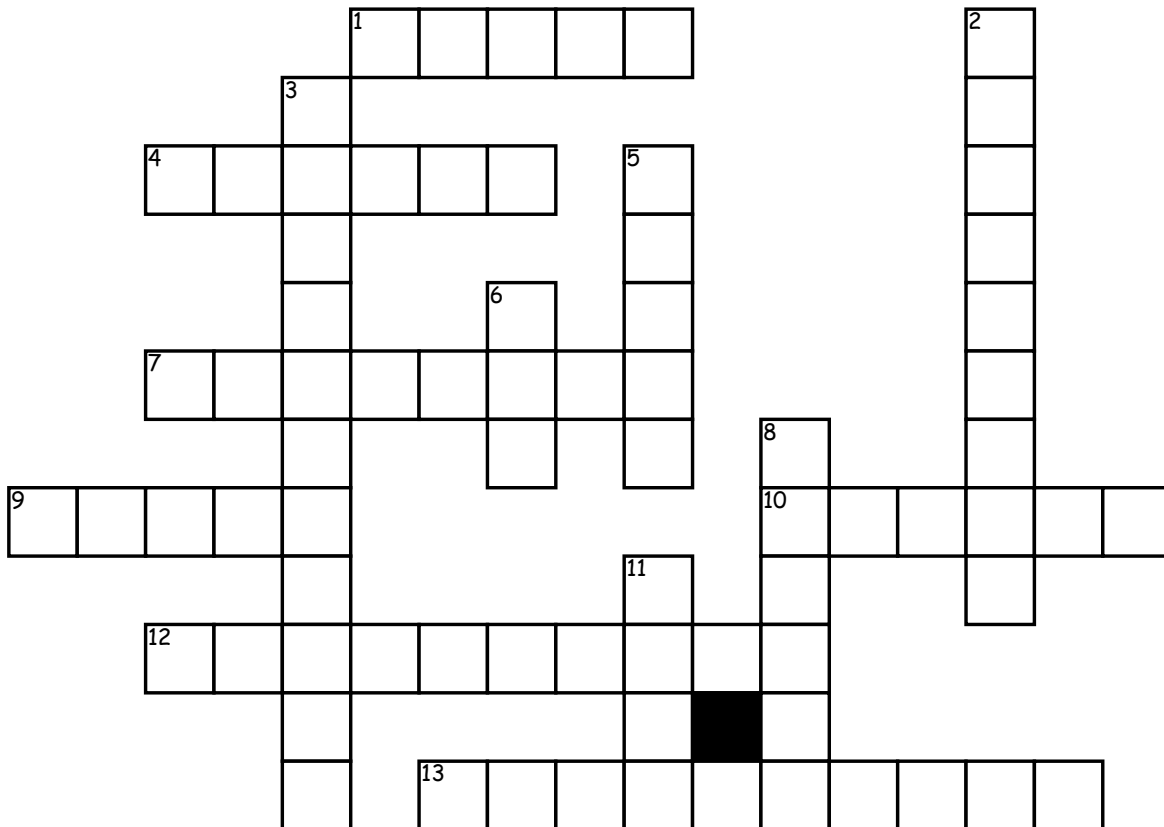


# Four Humours



## Across

1. Is connected to Spring

4. Who believed that the body was made up out of four main components?

7. Positive and hoping for good things

9. Corresponds with black bile.

10. For what purpose does the four humours need to remain balanced?

12. Is connected to summer

13. Does not usually get emotional or excited about things.

## Down

2. Is connected to Autumn

3. Sadness that lasts for a long period of time, often without any obvious reason.

5. Corresponds with phlegm

6. Corresponds with blood

8. Is connected to winter

11. Corresponds with yellow bile