

Name: _____

Forgot your phone?

W S U P P O R T X Q A H U M A N W Y Z G P F J L
J I D G R H L A S C E L E B R A T I O N Q S J C
M A T H E R A P Y C J U K S E L F C A R E F W O
S S E N S U O I C S N O C O R A E X S B K X O Y
V Y E Q M H E Z I W B B Y Y N O I S S E R P X E
L P N G U Y R I H Z P N L O A L E Y K C A R R A
X P O T B E C O M P A S S I O N Z E G N G K S G
K J L M D Y L P B R E A T H E D I N R A J P L I
U L U B O E A B J D U X E V U A J R A L I E L N
Q U A J N T G O Q I Z C I N Q R M U T A K F I N
O N B E I A H C J N N G H G Z T C O I B I J K E
K F S E J M W L N E R V N H W I Y J T G N G S R
Z S N H O I A H I O X I M N S P W C U W D E G C
Y C C C D W A L F M L E A E P T H J D D N L N H
E M X F E T I O E A E T A V I B T F E F E O I I
K Z P N G S Q D E N U L W I R U R T A Q S Z P L
N M E T E L I H C R O F A T I G A N R M S N O D
K R C R R T W G E P I B R A T Y E U J U I V C H
O X X B A H G F M W B D E R U N O F O H S L X W
M E N T A L H E A L T H N G A N W G E O D T Y K
S C I G E M O T I O N P E E L L F J A P L R F C
Y O G N I T N E R A P P S T I O I N B E T P T J
N H O L I S T I C F N O S N T V J H D O Z H B Q
E D D N O I T C E N N O C I Y E P C E K C V Z H

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|---------------|---------------|---------------|--------------|-------------|-------------|
| Consciousness | Coping skills | Mental health | Spirituality | Celebration | Inner child |
| Forgiveness | Integrative | Expression | Connection | Meditation | Resilience |
| Compassion | Wholeness | Parenting | Gratitude | Awareness | Self care |
| Patience | Kindness | Holistic | Support | Balance | Renewal |
| Therapy | Redbank | Emotion | Breathe | Journey | Healing |
| Nature | Family | NJCHA | Earth | Human | Trust |
| Love | Yoga | Hope | Art | | |