

Name: _____

Date: _____

Food and Nutrition

J N J M C O Y Z G N I K A B G S N W J I X B D A
I O O B S I N T A K E K R F M A K V K P U A I N
X I L A F E O Y O O J V I J A E Z E M C R H T I
N T D E K O O C E D N U N K H C D F S R G I O V
U I G Z E S T Y O T N R S U N G T X A Y V Z D V
I R D R A U Q E F E M Z E D V P Z B J N J A G X
P T H C X C G C F Z T X W M A O F U E Q T M Z P
A U S O B E H A I R T I E S D X N V G R A H U A
W N A O S P M E V Q A E C K B F O J B X I L H R
E X W T C G N I L L I R G A E U Q V R J C G F S
D K Q P O G N I K O O C P N L T H M U L E W L L
O L M D S E S T R D V P L E H D T J S E T I K E
U O K U H Y K P W M E S V X M E G L X T A I O Y
W Y E C D E P V T T G H H R P Q B V E G R C D C
J M I S W O P Y I P E H O X T I X C G G O W I G
A U G Q B T E T A A T C S B I U J K E W C W U W
Q L N K T T E S E G A T V P N M Q S E U E F Q L
G V Z P X I G U A A B U G V O U E T R Z D K I P
A K F T U M B H L Y L R J P G O G U J B F Z L Z
V I A M D P O H I K E U T Q T H N E N W Z G H B
K G E C W P L W K A S B D H N Z K Y L U M P E Q
K I H C T W Y T B M T E M P E R A T U R E Y D O
Q E E A T W E L L G U I D E P Y G H J D Y Q O N
T L Y F V Q S A G V N A G G N I Y R F M I N X P

eatwellguide	temperature	undecooked	vegetables	nutrition
appetite	decorate	grilling	cooking	hairtie
parsley	baking	frying	intake	kettle
liquid	quiche	rinse	spoon	xigua
zesty	oven	wash	yolk	jug
mix				