

Name: _____

Date: _____

Food Intolerance's & Allergies

F A H O Y G Y H S I F L L E H S C S E O A O
G N I K S H S U L F H I T D H A G G O M Y U V
Y D K G U I Z W M N U W E T S E O S P M A R C
L A Z S G C G N I Z E E H W F S F S M C F S H
T G S H F P W E O R V K G O G U P W U H V S M
H K T K U A P Z U U Y O K U A G L U T E N I
K N H F H P I F O M R I D E I L N M C T O S Z
D Y F Y M T W S L I R A D E E L V M K N M R
H K W I A D A V C E N W T Y P M P N U E Y R M A
C K C O H S C I T C A L Y H P A N A N H D N S
U D F M V D G T O D P H F H W R P O T Z H
E K D F D I P L U N U P M W F U F G S L H S Z
K Y W I H H E F N U V F T N M K S F T S C V V
O V C R R L R C R Z N P E D Y U S T E I N K
D I C E A H I V E S G K W O N N Y N V T F C
C F M N M E H T K D N U V H A N P E A E R L T
P A C V P T P A L D G I V S E G A U C I A U N O
U E E P A O H E W L Z P A Y L K T H V S Z H
H S A K E G Z S S U U L F K T F Z E Y S O Y E
K I I Z M Z N N G A C E I T O N F W G E S F
V H E D M V S K G Z W S L R E O R O I L P G I
R A U H Y O L D N P E S H G I Y E P I P E N Z
W A F G G S E S A E S I D C A I L E C G U L C
V O M I T I N G O H I E C A N I K L I M C

anaphylactic shock
shellfish
peanuts
gluten
asthma
rash

food intolerance
vomiting
EpiPen
wheat
milk
fish

celiac disease
wheezing
nausea
hives
eggs

flush skin
swelling
citrus
cramps
nuts