

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Food Groups

B B B D A L A S S A N A N A B I M W I Z G P M J  
S S W O O X U F U P E Q Y F I Q I P P Y S M Y E  
E W I X H S E B M F I S H V H I Y M P E N G R L  
I E P X E S E E H C E G A T T O C R A G A O E H  
R E R E B M U C U C L E C F W E T B I J E S T V  
R T V Q A Q Z D T B N W F Z P C W K R A B E T V  
E P R M M C C B E E F C E V R I N E S U D K U I  
B O M F X U H A C W B N C U L R L T E S L M B W  
W T F A M D P E U O O O U E T G M R G U K Q X S  
A A W J E P R R S L L E T G V Z K G R F N M J M  
T T J P P R P G E Y I V T Z R M E I P K G B H Q  
S O F Q B T C M N B L F E F B A T R U G O Y X A  
X E N D S X R E R I G N L S U J P E S E E H C L  
I S Q T E E I E C Z X G F O L W P E T V Y C Q L  
L N U D T H A L R I R R O F W C R C S Z D P P E  
O N R A K D O G N A M V X I N E K C I H C U O R  
C V W O S D Y G I W L D G R R T R A E K D H B A  
C T G Z C D X N M A H I N I H C C U Z A G I T Z  
O I O W K O S U C N I E T O R P A D Y M B O F Z  
R U W K W P Y E L B A T E G E V M M F M I L K O  
B R X U C E G R E E N B E A N S X V T I F S B M  
W F O C F C R A C K E R S K M N V D U I A F N J  
I O T A M O T B Y S T O R T I L L A S Y T K B M  
F S E I G G E V N E Z O R F S E L P P A N U S U

- |                |                |               |              |             |            |
|----------------|----------------|---------------|--------------|-------------|------------|
| sweet potatoes | frozen veggies | cottagecheese | strawberries | cauliflower | mozzarella |
| watermelon     | greenbeans     | tortillas     | vegetable    | crackers    | icecream   |
| zucchini       | cucumber       | broccoli      | chicken      | protein     | lettuce    |
| peaches        | bananas        | breads        | grains       | butter      | yogurt     |
| cheese         | tomato         | grapes        | apples       | beans       | dairy      |
| mango          | pairs          | fruit         | salad        | beef        | nuts       |
| eggs           | fish           | rice          | milk         | peas        | corn       |
| ham            |                |               |              |             |            |