

Name: _____

Food Groups

W	W	A	V	G	J	J	F	C	P	B	V	I	J	B	O	L	N	F	H	C	U	L	V
H	Y	D	G	V	I	T	A	M	I	N	A	N	D	M	I	N	E	R	A	L	V	I	A
F	R	I	E	D	R	I	C	E	B	V	Q	K	Q	H	O	R	L	W	N	I	Y	J	Y
Q	R	R	V	S	U	U	J	Z	R	F	U	O	E	D	U	O	Q	P	U	N	M	K	S
D	J	L	D	T	O	F	U	U	O	R	B	U	B	B	D	K	U	H	T	G	P	Q	A
G	L	Q	I	W	P	K	N	C	W	Q	J	K	C	A	T	S	C	J	F	I	B	E	R
U	E	W	Y	H	U	V	V	A	N	C	B	A	O	T	I	P	B	S	P	G	I	S	B
U	U	F	N	Q	C	R	Z	R	B	D	F	E	G	G	Y	A	F	A	T	S	V	Q	U
R	B	R	E	A	D	M	S	B	R	Y	T	K	J	K	Q	G	T	S	O	F	W	J	S
W	J	S	U	G	A	R	N	O	E	K	Q	E	M	U	K	H	L	F	C	T	C	C	S
L	G	N	J	W	T	K	O	H	A	B	X	I	T	Y	S	E	Z	R	E	O	O	Q	I
E	W	V	P	A	G	R	O	Y	D	M	G	K	X	I	J	T	N	M	R	G	O	B	P
G	J	X	N	G	T	U	D	D	I	Y	Q	F	Z	G	X	T	H	I	E	Z	K	M	O
E	H	D	Y	Q	M	J	L	R	W	S	H	I	O	X	A	I	A	L	A	V	I	C	R
G	Z	G	V	W	U	Q	E	A	J	P	R	O	T	E	I	N	W	K	L	W	N	L	K
T	F	Q	E	F	H	M	S	T	P	W	E	F	T	H	A	P	J	U	S	O	G	T	N
G	Z	U	G	Y	W	Q	W	E	I	F	O	N	F	R	U	I	T	S	R	G	O	I	R
G	Q	A	E	P	E	X	G	O	D	Q	L	Q	B	U	T	T	E	R	I	B	I	J	W
R	W	M	T	W	D	S	V	C	A	B	B	A	G	E	R	B	K	F	C	D	L	X	C
M	D	G	A	G	N	C	H	E	E	S	E	S	M	E	A	T	W	I	E	H	H	N	C
T	B	H	B	H	N	R	G	N	W	O	H	Q	W	O	R	E	R	W	X	V	V	K	J
A	P	P	L	E	J	U	I	C	E	E	F	C	B	I	S	P	S	B	E	F	H	D	U
U	X	N	E	W	B	A	U	F	L	O	U	R	U	L	L	K	C	O	R	A	N	G	E
J	U	L	S	S	A	N	D	W	I	C	H	F	S	A	L	A	D	G	Q	T	F	E	U

vitamin and mineral
cooking oil
sandwich
butter
orange
salad
milk
egg

carbohydrate
fried rice
cabbage
cereal
bread
sugar
pork
nut

apple juice
vegetables
noodles
cheese
fiber
fats
rice

brown bread
spaghetti
protein
fruits
flour
meat
tofu