

Name: _____

Food Allergens

N F Q S N A E T A T S U R C E R C
J L K B S P S E S A M E S E E D S
I F C Q E B R D U S R L O U Z P O
E F G U T Z Q C Z C R I E Q C Q F
W T Z N I M Z G P S W A F H S A S
I X H U H S E C B U N K G U T L N
N T D M P S S E Z L D L P W U L A
H D L U L T K L O L D U Q X N E E
B R A H U O F E M O R P Z N E R B
B L S S S L M R N M A I J W E G A
N P S L I C J Y J V T N F N R E Y
F G T A C F F N T U S J V Y T N O
C X R E V R B F I A U K H E N G S
H R K R C C R E M F M L S C O S Q
R R V E Y M I A X I J R I Q G Z Y
H H Y C A F T N S W L S F G C W E
J X H I P E A N U T S K E E K Z R

sesame seeds

Tree nuts

allergen

peanuts

fish

crustateans

soyabeans

cereals

celery

milk

sulphites

molluscs

mustard

lupin

eggs