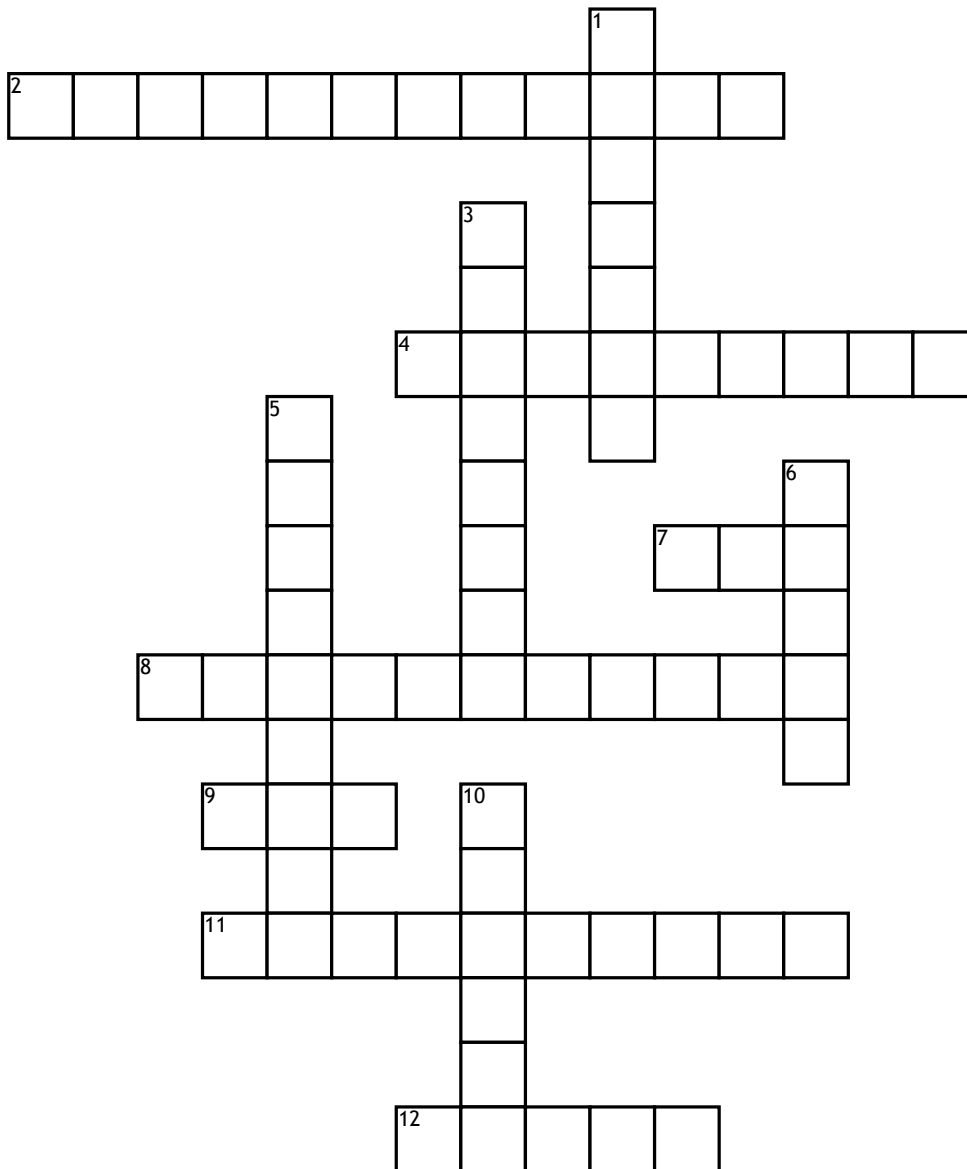


Name: _____

Date: _____

Food



Across

2. What type of food gives you energy?
 4. What food do we have in the morning?
 7. What does fibre make you do?
 8. Name a fresh drink to have in the morning?

9. What can you eat on toast?

11. What do you need 5 a day of?
 12. What do you need 5 a day of?

Down

1. What fruit grows on trees?

3. What is a breakfast made of oats called?

5. What does Paddington eat?

6. What does Winnie the Pooh eat?

10. What do you put on bread?