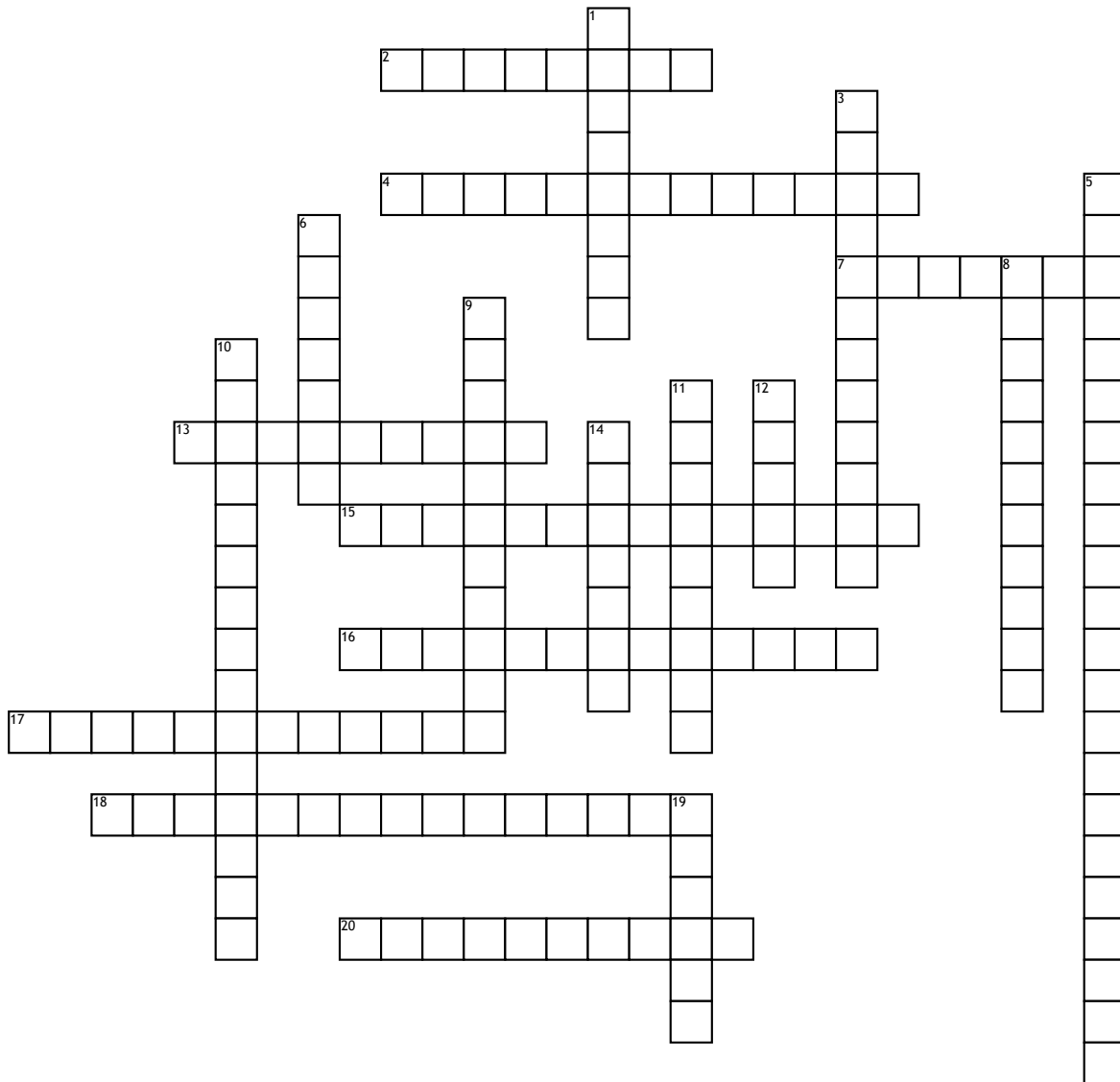


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Food/Drug Interactions



## Across

- 2. may interact with anticonvulsants and lessen the effect of the medication
- 4. two or more alcoholic drinks per day can increase the liver toxicity of this drug
- 7. taking benzodiazepines with this substance may increase the risk of respiratory distress or cardiac arrest
- 13. interacts with anti neoplastic medications such as methotrexate
- 15. alcohol interacts with these and may lead to increased drowsiness
- 16. avoid eating excessive leafy greens with these medications
- 17. Vitamin B12 interacts with these and renders them ineffective

18. these may interact with ACE inhibitors and dangerously increase blood Potassium levels

20. can increase the amount of some statins in your blood and lead to potentially greater side effects

## Down

- 1. found in dark leafy greens and interacts with blood thinners
- 3. can slow down the absorption of digoxin and lessen its effectiveness
- 5. grapefruit alters the breakdown of these by latching onto the intestinal enzyme called CYP3A4
- 6. consuming natural black licorice may greatly increase the likelihood of toxicity when taking this drug

8. may increase the the absorption of antifungals

9. dairy products such as milk, yogurt, and cheese can delay or prevent the absorption of these drugs

10. avoid drinking excessive amounts of caffeine with these medications

11. can be lost in extreme amounts through diuretic usage

12. foods containing tyramines can cause a hypertensive crisis when taken with this class of medications

14. alcohol can increase or prolong the effects of this substance used to treated diabetes

19. this nutrient may greatly decrease the effect of diuretics