

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Flowers as Teas

G L J H Y P W O R R A Y I C H A M O M I L E J W  
L A A Z R L L W Y V E N O I L E D N A D C H N R  
G K X A B L U F Z V C C Q D Z F U F D O E X E H  
L C R M A G N P X T A M G E M K F N X D W D A Y  
U E G T I P B K R P N F H Y P Z K V I C N O E S  
U J M R X T V O W R I E A I L H L P X E W N A S  
W D Y O M D W O W U H V H V W V W O V U R K U O  
R R E U N R H W O M C E V D Z E Z A Q Q E T A P  
U T Q L E V X L P P E R E W J R L F B F L V L R  
L Y M H T C E S P X P F R E V O L C D E R F U E  
O F T X F S D R F L T E I O T T C A T N I P D W  
Z O E F B A I A B T I W A E U H D M D X K B N O  
M F X L F P N H Q E L S M N O M R N F N I C E L  
T R O W G U M T T X N R A G N W E M E P M V L F  
E E L F S V X W D K A A V B W A Z D B T Y P A N  
M O Q V I R W Q O S L I X R A S X W H S T S C O  
A C I L E G N A P A C I S V O B K O V D U L R I  
C Z K C D U V B B U T K M V R S R U F P X N E S  
Y Y J C B N E Z M F Z N Y X T S E S L O N A N S  
F V P O N R N E D N I L Y B E X T H O L M U V A  
C E Z Q R Z N Z D U I R N T O Z V T I I C D I P  
D X T Y A F U P T N I M A P B J N X G P X A P B  
L E M O N G R A S S U I P T X S T Z Q J S J P H  
I O N U G Q X C Y H L U L E M O N B A L M A E K

Lemon Verbena  
Lemongrass  
Calendula  
Chamomile  
Lavender  
Yarrow  
Basil

Passionflower  
Red Clover  
Dandelion  
Rose Hips  
Angelica  
Hyssop  
Mint

Milk Thistle  
Lemon Balm  
Raspberry  
Skullcap  
Mugwort  
Linden

Motherwort  
Horsetail  
Echinacea  
Feverfew  
Nettles  
Catnip