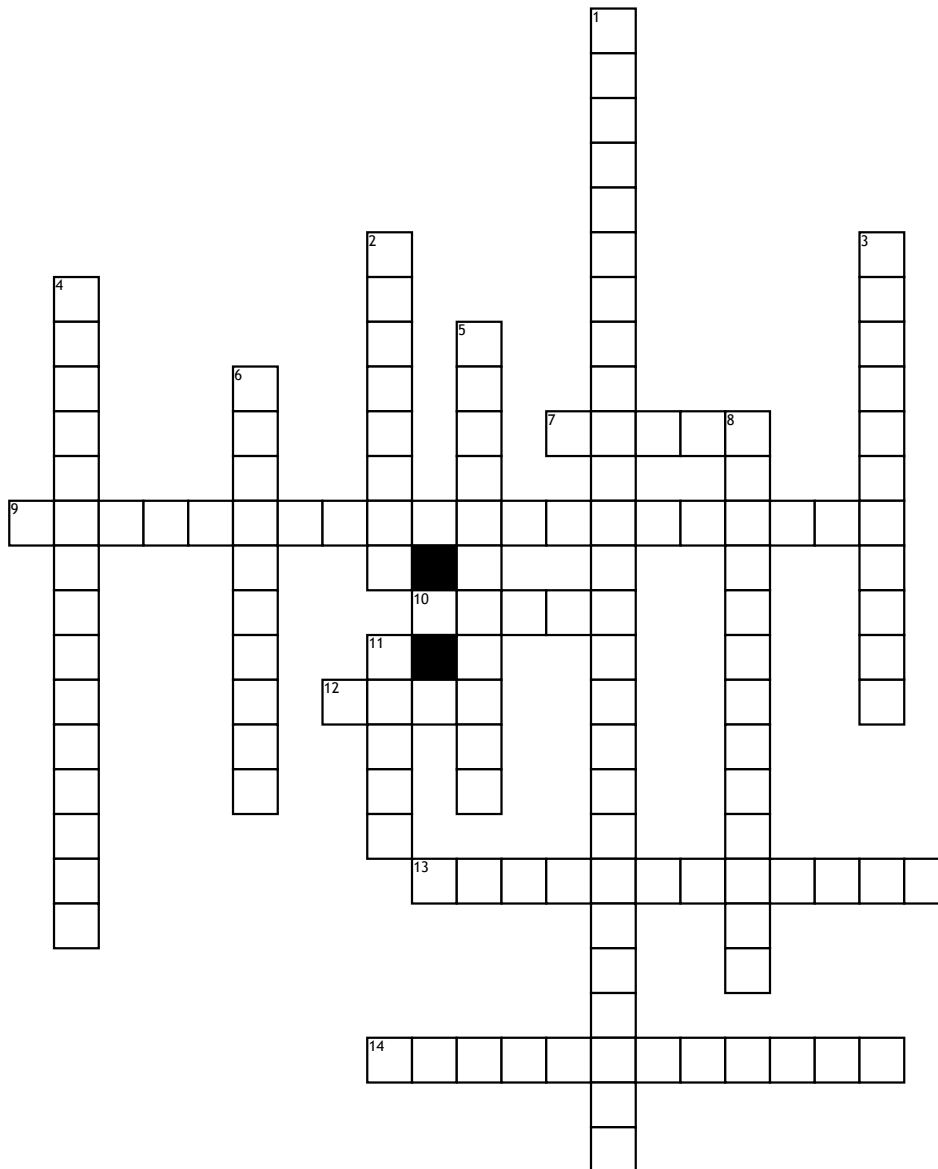


Flexibility Cross Word Puzzle



Across

- 7. typical or standard of scores
- 9. direction of arms perpendicular to the floor
- 10. name of position when laying down on belly
- 12. facial feature that should be touching the floor while performing the Shoulder and Wrist Elevation Test

- 13. female score of 20-22 1/2 for the V Sit and Reach Test
- 14. test that measures flexibility of the hip joint and lower back

Down

- 1. yardstick
- 2. length in between legs for V Sit and Reach Test
- 3. location of where the tests are administered

- 4. name for the top of the arm at the joint
- 5. both tests are measured to the...
- 6. what is being subtracted from the best trial for Shoulder and Wrist Elevation Test
- 8. how to grasp the yardstick in hand for Shoulder and Wrist Elevation Test
- 11. the amount of trials