

# First Aid

1. What the minimum amount of time you should run water over a burn? A. 111
2. What's the first thing you should do after finding someone in need of First Aid? B. 999
3. How do you check if someone is unconscious? C. 10 minutes
4. What should you do if someone is bleeding? D. Watch if chest rises & falls
5. What's the number you should call in an emergency? E. weak arm/face, poor speech
6. What's the number you can call for medical advice when the situation isn't life-threatening? F. Apply firm pressure
7. What are the main signs of shock? G. Check the area is safe
8. What are the visible symptoms of someone having a stroke? H. Call their name & shake them
9. What's 1 way to check if someone's breathing? I. If they have a spinal injury
10. When should you not put someone in the recovery position? J. pale, sweating, feeling sick