

Name: _____

Date: _____

Period: _____

Find a word- Nutrition

J L G R A I N S W Q L C U P B H R U O D A E R B
D C U I A E H Y N K Z O K T L S C F G I P H P D
N A T K G R P O P R O T E I N D W G P O E X E E
F R Y A C B C Q H Q W D K W M D Z H V N K X Y V
Y B Y N F I Z T O A A X I N U T R I T I O N R W
G O Z U X F U U U S R N J I Y V B S I X L E H P
X H Y B P C S D S M D P Q W I G Y D B H D L U B
P Y B N E B L F A Z F U U H N Y R U W D B P E P
U D A B Q Q G D C I B L X R O B P E S G N A I G
Q R L M Q J J E W L R E D W L P V J N W Q S P O
T A A C D K R N T U T Y U I Z O E S O E F T D V
I T N V C E X X W H O L E G R A I N O P D A U O
T E C F A L V U H B W C R N G T P V Q K V V U W
W S E L P K X T S H E Q U O N Q P H V D F H B E
N W S P E E W P J S N T B D F A Y F K R F W Q D
M I K Q H V T Q L J R N V J K A R P Y R A M I D
P R M T Q Q E A A I W A S D Q U I P W U W S C B
N S B A H Z R J E Y V E A N I I A B A P J D U S
Z D L D T E J N D D G V J T P I D X T D H P D U
I O E Q N I T O J S O C E B F P F G E R I F F V
H F W I U S V X V E G E T A B L E S R H Z K M F
H F M F I J L H G X X C T Y H T L A E H V V K V
A P G B J I F J Q F J H A C D N V C N R B H N E
G E X C U O A Z S D O D F A K L L H E H D A Y D

Carbohydrates

Nutrition

Pyramid

Energy

Fibre

Fat

Wholegrain

Minerals

Healthy

Grains

Dairy

Vegetables

Balance

Vitamin

Pasta

Fruit

Nutrients

Cereals

Protein

Bread

Water