

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Feelings & Emotions

N X H G N B N C G N P S X J P T F V I P G P A I  
P S B C N Y R L I S T E N I N G T O M U S I C T  
P L F Z S P Q A P B O W S D T M D Y P P A H D U  
H I R D K D K E J O W J E M X N A F J R R R U R  
F U T U R E R J V G F B M A M P K M P G P X A J  
E K W Y D T Z O B A A P L G T A G L T Q A R I O  
N N Q S L I E Q L I H Q Q N C E F O F M W H V P  
O K A D T C R N L C E E E R O B L N B N H Q A X  
T D W N R X N G C L F S B G N I R U O L O C Q L  
T E G E R E O I U L E L L F A K R U A Y X L B A  
I S Q I J W E T Q R T F M Z P O S I T I V E W K  
U I C R P R O L P J F E L L I N G S C M W F M U  
R J D F J A A Q W M O D Y W M E F R S N E H B L  
U R O E V W S M A D F K A H T N E R T S Q G T Z  
H E B W I U K T V C U A R S E M R T U A I C N I  
F N A Y W A E Y O S C C W L G I K F S L P L X G  
I E P Q H P L N L Q S T U C A M Y H L J S W S T  
N E X G G I F T U T H I N K S I I N J E O B A K  
Q B G G M I Y P M X I O D Y S C U X F Q S G N Q  
P Z M A D K G A E W N N X D E A O Z X A W I G K  
R N F E K A C O H S M S D S M A I B P U Z I R R  
F Y N B N Q E D L Y U D G R H X C R J Z E K Y R  
G C F I J W H T N O I S S E R P X E L A I C A F  
E X A L E R E O W N J N B P R U B W J C J N F S

listening to music  
colouring  
excited  
friends  
family  
angry  
tone

facial expression  
positive  
actions  
volume  
happy  
past  
sad

confidence  
fellings  
present  
future  
think  
fell

enerjised  
message  
strenth  
behave  
relax  
self