

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Feelings

E Z R T A X A Z V T B O R E D I K  
T V K H N D S K T P H Q A U D L H  
F L O U X U H I L M U H G W A T S  
A O D R I H O W G F G R A F J G O  
S N I T O K C J E X C I T E D R R  
J E V X U P K C O N F U S E D U R  
E L B O S I E D F T H U S K L M Y  
A Y I E F W D P R I R A C S X P L  
L K L H A P P Y U R E C A A B Y U  
O N N B M A D K S E L A R D F C R  
U Q M A N G R Y T D A N E D M S E  
S B C M Z V U L R S X N D O W X A  
R E L I E V E D A X E O M C A L M  
P W M V Z B E S T O D Y C R C M H  
F D Q E J D Z H E K C E O B N K S  
L O V E D N M Y D L G D R U G I S  
Y T L R Q G H S A S H A M E D V Y

Frustrated	Relieved	Confused	Relaxed	shocked
Ashamed	Jealous	Annoyed	Excited	Anxious
Lonely	Grumpy	Scared	Angry	Sorry
Bored	Loved	Tired	Happy	Hurt
Calm	Shy	Mad	Sad	