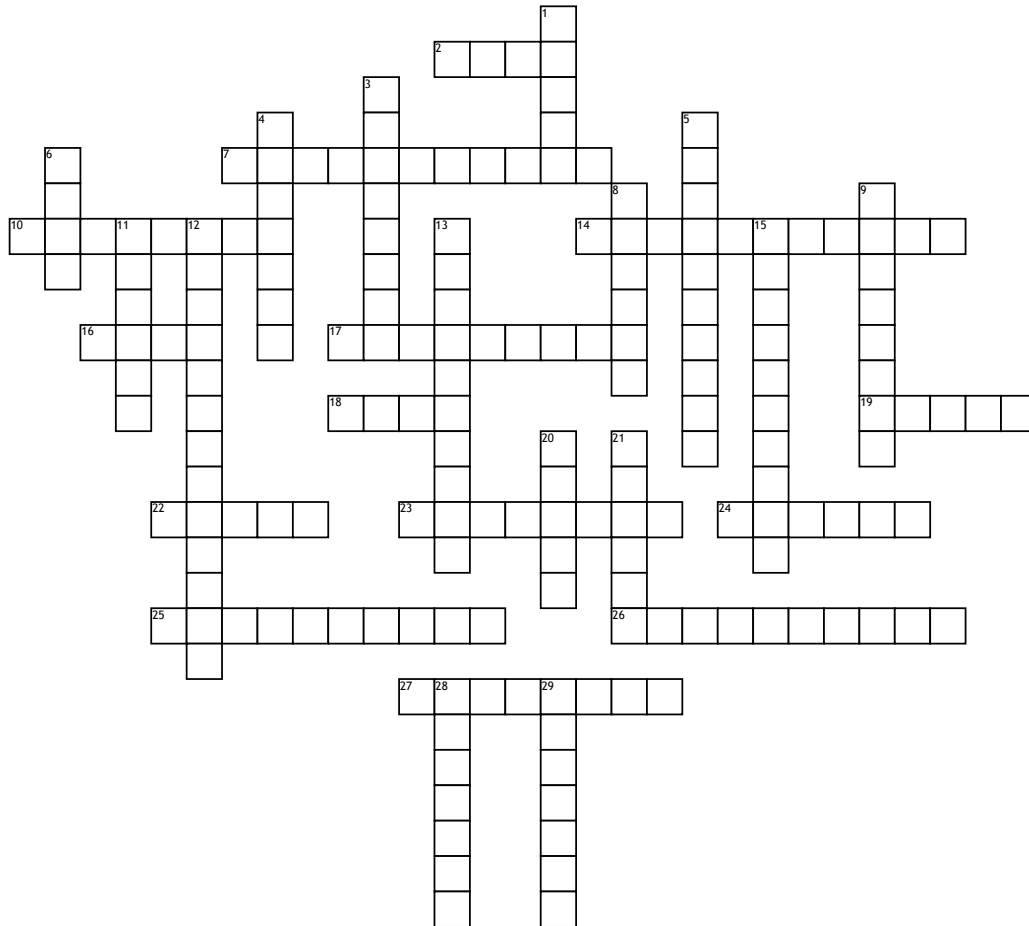


# Feeding Toddlers and Preschoolers



## Across

2. As preschoolers approach age 5, \_\_\_\_\_ influence takes on a greater significance.  
 7. One or two \_\_\_\_\_ is a good serving size for toddlers.  
 10. Make meal times \_\_\_\_\_.  
 14. Developing fine motor skills allows the preschoolers to \_\_\_\_\_ in meal preparation.  
 16. The parent is not responsible for how \_\_\_\_\_ a child eats.  
 17. Toddlers are \_\_\_\_\_. That is, they dislike new experiences and things, including food.  
 18. Food \_\_\_\_\_ are common in preschoolers.  
 19. The trick is to go \_\_\_\_\_ with what a toddler wants unless it becomes harmful.  
 22. \_\_\_\_\_ toddlers well to prevent choking.  
 23. A toddler struggles for \_\_\_\_\_.  
 24. If you see a sudden shift in your child's \_\_\_\_\_, try to determine what caused it.  
 25. The use of large plates and bowls promotes \_\_\_\_\_.

26. Preschool children may be allowed to use knives to spread food as long as they are \_\_\_\_\_.  
 27. A preschooler is \_\_\_\_\_.  
**Down**  
 1. Maturation of the \_\_\_\_\_ helps the preschooler become more predictable.  
 3. Avoid \_\_\_\_\_ on food acceptance.  
 4. Choose your \_\_\_\_\_.  
 5. Erik Erikson described this stage for preschoolers.  
 6. Sixteen to twenty-four ounces a day are enough of this liquid for a toddler.  
 8. Preschoolers no longer struggle with the \_\_\_\_\_ of eating.  
 9. Present \_\_\_\_\_ foods along with not-so-familiar foods.  
 11. Trust your child to eat the \_\_\_\_\_ that is right for her.  
 12. This type of parenting provides limits and enforces rules, but also demonstrates warmth and responsiveness.  
 13. A preschooler is \_\_\_\_\_.  
 15. Give toddlers \_\_\_\_\_ utensils.

20. Babies start showing toddler-like behavior as early as the \_\_\_\_\_ month.  
 21. It is important to show love and \_\_\_\_\_ to a preschooler.  
 28. Preschoolers like to be \_\_\_\_\_.  
 29. Serve \_\_\_\_\_ with dinner rather than at the end of the meal.

## Word Bank

|            |             |            |               |             |          |
|------------|-------------|------------|---------------|-------------|----------|
| neophobic  | limits      | milk       | amount        | brain       | pressure |
| familiar   | peer        | initiative | basics.       | child-sized | jags     |
| supervised | pleasant    | much       | autonomy      | tablespoons | weight   |
| dessert    | overeating  | along      | ninth         | helpful     | childish |
| purposeful | participate | watch      | authoritative | battles     |          |