

Name: _____

Date: _____

Feast for Your Eyes

W G R U N Q L A S E R T R E A T M E N T S Z T V
B O I I S B Z L Z J N O S M O K I N G I W I X J
H K D T V O Q I O L I V E O I L C N J E E N M K
S U J T A M D R G G F I T M F D C I E P A C X Z
A L U H Q Z C Z F S D W M F T H M E N I K J D K
D N D G U D H D L T G C U C Y C V T O O E M H K
L Z R I O D U U S U A F O Y G A B U I P X E M F
R I C S T H Z F L N X D N S J N E L T V E Y N Y
D N S E Y M T X A V M X F Y N I V V A P R J H S
I K Z Y O L J A O W N J B Z T P N A R O C N M W
L E S E N K F U S I R Y W T U S O O E Q I N S U
A G T S S U T E T I J R E I O S N F N W S H O V
T N K N N M E L O A U E C Q R X R H E T E L W D
E O Z L O F T W R Z A S G Y T V R M G G F V L N
D B P J I W M U R C C K B K R I Y R E Q A M Y H
E H Y R T N K C A Y Q E J Z A T E O D L C N R D
Y T S H A Y W Y C J T B R K R A D S R E M N G B
E K E S C E Z T S V D R O M H M M F A H C H F C
E W F A I W M J U B J O P Z G I E Z L S R L P D
X Y M U D U J I G C K C V A Y N W M U A O Z U V
A A H Q E M D R K C B C D C H C H J C L Q G Q X
M A N S M C M Y D A N O C C G S W C A M P K A M
J N I H T N A X A E Z L M S Q F I K M O R P S U
J W H D F Q X H B W C I J I K N F T O N W C J Y

macular degeneration
medications
Olive oil
exercise
Spinach
Squash
zinc

dilated eye exam
no smoking
vitamin c
eyesight
lutein
Trout
AMD

laser treatments
zeaxanthin
Broccoli
carrots
Salmon
nuts