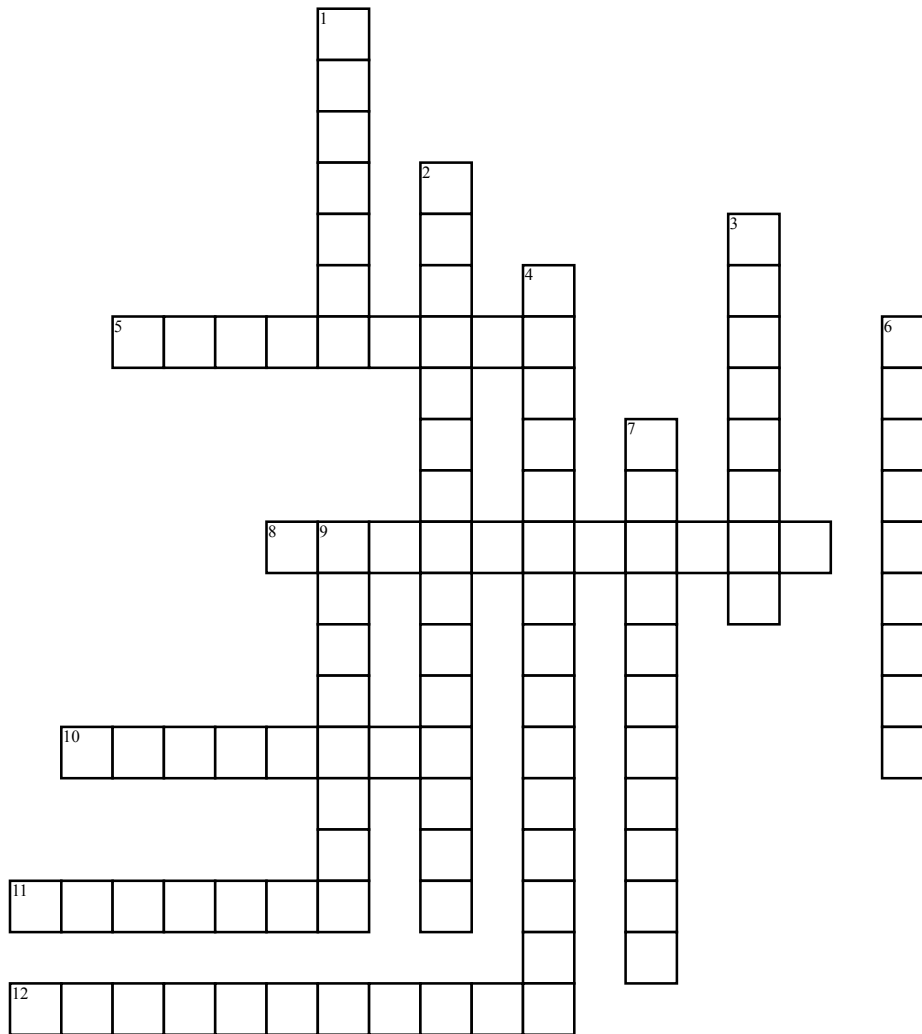


# Fear & Anger



**Across**

- 5. Scientists have identified a what, causing for there to be less of a protein that speeds the reuptake of the neurotransmitter serotonin?
- 8. Expressing anger can be \_\_\_\_\_ calming, if guilt or anxiety are not symptoms of the cathartic actions.
- 10. Fear is \_\_\_\_\_, utilized as an alarm system to prepare our bodies to flee from peril.

- 11. People with \_\_\_\_\_ experience intense fear s of specific objects or situations that disrupt their ability to cope.
- 12. If a human suffers damage to the \_\_\_\_\_, they are still able to show an emotional reaction, but will not know why they have such a reaction.

**Down**

- 1. Anger can \_\_\_\_\_ a relationship when promoting reconciliation rather than retribution.
- 2. Those who sense their \_\_\_\_\_ view anger as a threat to group harmony.

- 3. The \_\_\_\_\_, the brain's limbic system neural center, plays a key role in fear learning.
- 4. Where in the world are people encouraged to "vent their anger, presuming that through aggressive behavior we can achieve emotional release?
- 6. Chronic \_\_\_\_\_ is linked to heart disease, which indicates that anger can harm us.
- 7. What releases anger and calms the body?
- 9. The amygdala is involved in associating various \_\_\_\_\_, with certain situations.

**Word Bank**

- |             |             |                  |                 |
|-------------|-------------|------------------|-----------------|
| Adaptive    | Benefit     | Forgiveness      | Hostility       |
| Phobias     | Temporarily | Western Cultures | Amygdala        |
| Hippocampus | Short Gene  | Emotions         | Interdependence |