

Name: _____

Date: _____

Fats/lipids

C U L U S T A F D E T A R U T A S N U K C B X K
I G C S L I Z F S M P J X F X N X M A I H E E O
T F P N T P C S D T R I M O Y L F G M C O Q C Q
Y O V I K Y M D P Y O G A B Q P J N M E L N H F
E G O M U D F M S U T L R H B N X F E W E K E A
U L L T G R L D U T E I Y B M G K A U N S C M T
H P V I B V I F B X I X B R R N T Q A F T E I T
Q T Y V K P Z M B H N B T H A U H B R V E L C Y
Y N E S I H E U N H E A L T H Y F A T S R M A A
O U R L P K J E S A E S I D T R A E H P O D L C
L L W K N N S P G R E A S Y S E B Y Z D L V S I
V O E E W F D I G E S S E N T I A L B X G O P D
H Y D R O G E N U N I T S E B B G V P M S Z M A
L J K A B U H E A L T H Y F A T S I W A P V L A
S D U K U S T A F D E T A R U T A S E H K G K I
A P H Y G C I L X R L M E C N A T S B U S B P T
Q A H Q E J Y W E N F A T S U F N H D U R J Z G
C A E S M K W C J W B A L L N Y U S D O O F Q U
S X P B H Q G O M K F F Z H A J W R H V Y H A E
A V V X O S E N E R G Y S O U R C E F O R I K U
Y B E J W Z V B P N Y B C V L U O I V Y E Q Z P
H A B Y D O B N A M U H D P Z D Y R N F U D H L
L Z A P X T D Z Z N F I R U R G L C E N P P R G
I W Q N W N A H W D K T K T P D P M N O L L V S

Unsaturated fats
Saturated fats
Healthy fats
Fatty acid
Chemicals
Greasy
Fats

Unhealthy fats
Energy source
Cholesterol
Substance
Protein
Lipids
HDL

Hydrogen units
Heart disease
Human body
Essential
Vitamins
Foods
LDL