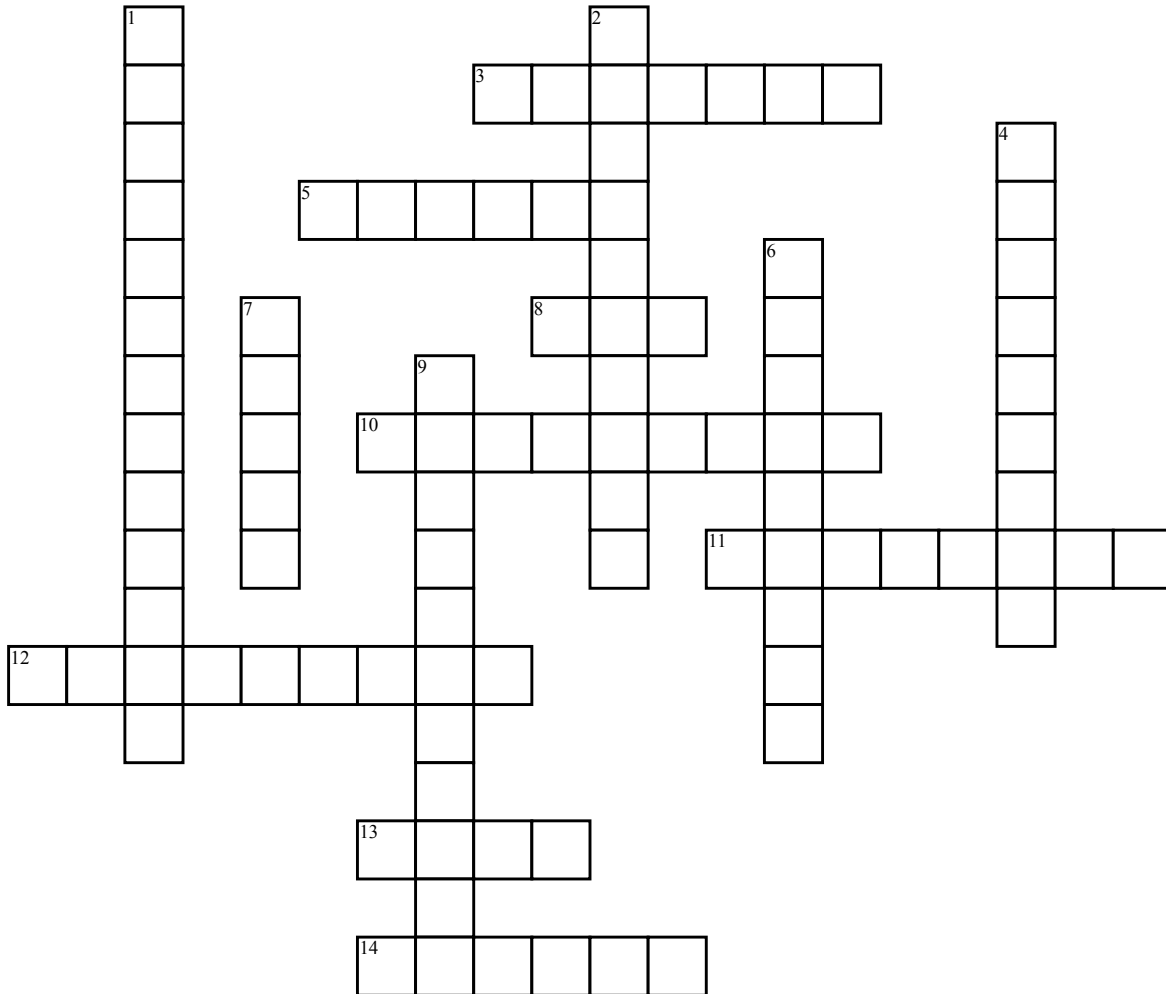


# Fast Food and Obesity



**Across**

- 3. A type of disorder involving excessive body fat that increases the risk of health problems.
- 5. The final meal of the day.
- 8. A sodium of salt that enhances the flavor of certain foods.
- 10. The process of providing or obtaining the food necessary for health and growth, and the complete opposite of obesity

- 11. Food that can be prepared quickly and easily and is sold in restaurants and snack bars as a quick meal or to be taken out.
- 12. A meal eaten in the morning, the first of the day.
- 13. A list of dishes available in a restaurant.
- 14. The state of being free from illness or injury.

**Down**

- 1. Sugars that also come in complex forms such as starches and fiber.

- 2. A mood disorder causing a persistent feeling of sadness and loss of interest.
- 4. The condition of being addicted to a particular substance, thing, or activity.
- 6. A fast food restaurant that became a catalyst to most of society's restaurants.
- 7. A meal eaten in the middle of the day.
- 9. Documentary put together trying to educate groups of people, how a person should avoid fast food.