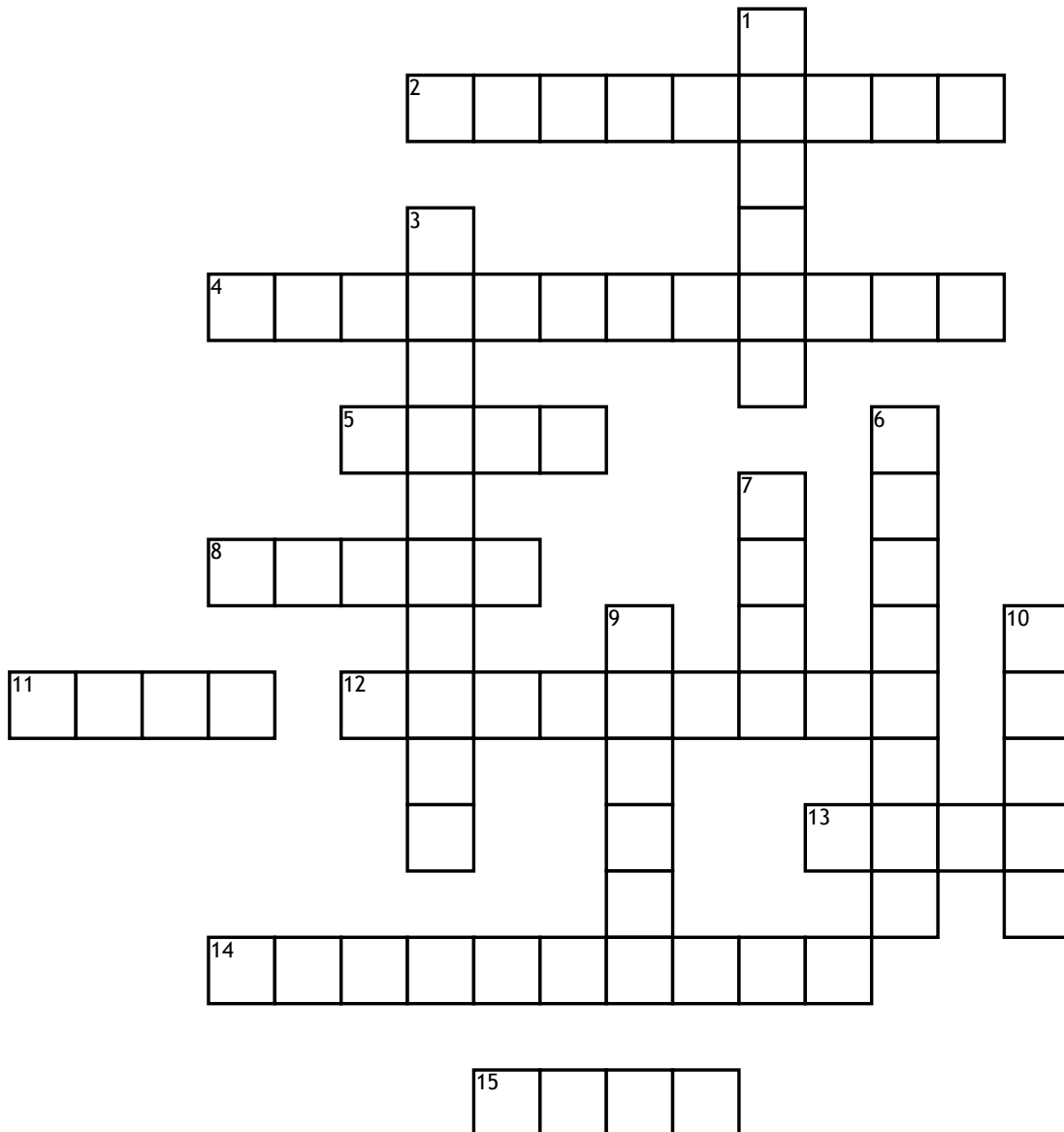


Falls



Across

2. Make sure you use these when on stairs
 4. Falls can change your life and rob you of this
 5. Always know when to ask for this
 8. Push off this to help come to a stand
 11. We should have these checked regularly to be sure our vision is clear

12. A device to help manage medications

13. Over half of all falls will occur here

14. What we must do to maintain overall strength, endurance and balance

15. An emotion people may feel after a fall

Down

1. Do not pull on this to stand up

3. Reinforcing learning to help us remember better

6. Put grab bars in this room

7. These are placed on our floors to decorate but could cause a fall

9. We should maintain a healthy _____ so we don't overwork our hearts and joints

10. Must have an adequate amount to prevent daytime drowsiness