

Falls Prevention

K V H K L E O H C Q Z Y D T H Y A R M F G Z Z S
K W O H P V G U K F S M E D I C A T I O N Z V E
W B V X Z P Y A N G A I T N F E V R W F D G L A
K S J T I R S H A Z A R D S Q V R P Y L U C A N
W J X O U S T C A T T E N T I O N Q D Z S C B O
M Q F J M L H H E L S P G G G U S R U U Z I G I
F D N K A I G S V W Y X D J M P P S M M N S O S
J I R P E A I E I S E O H S E F A S B D R L J I
C L B M C R L E T Q X Q F I F M H I E I V E Y V
M T E V Y B T E C Z D G A W X S U P A G F X J R
H Z H D C A H Q A L F I D D R Q E T L F U E L O
T N X G E R G P G R S O A X A N S V M S K B V O
G Y U N I G I X N G B M E G D S E R O F Y K Y P
N I V I C S N Q I D L C M E N N U T R I T I O N
E I E E F G E L E O U Z N R A I B I C U Q G M M
R G C T Z I E Y B C M T K W L N K G I M Z A H T
T R N O H E I T E T U X A J S B M L B N T F E S
S V A R R R J U F O I W Z B E L V Y A S L L S D
O B L P P W E A I R C D C G E G L T X W K V R V
R M A J B S T T I T L G A D C R N A Y L K I E Q
F E B L X T U M T D A Z R B M Z G Q F Y I L D K
A Y F H R A C A R U C V G M C H D B E A K O D X
J I H I H A Z A A P L T Z I R K Q Y E W J Z A Q
A A P S P I L L S Z O C R E S H A L U F R N L A

being active
safe shoes
eyesight
ladders
stairs
mats

night lights
grab rails
strength
hazards
spills
gait

independent
medication
calcium
balance
muscle
age

walking aid
attention
protein
injury
falls

poor vision
nutrition
clutter
Doctor
trip