

# Falls Prevention

I N D P E K V X X A T E S I C R E X E D S G B B  
 A V K W G O O D P O S T U R E R J A X M L V G S  
 J G V M Q N Z N T L K J Z T V A Q E C X D G J J  
 N V L E S S T R E N G T H E N I N G X M E K O D  
 N I F D J M I F D K I U I O F W N E N E O F Y R  
 C E C I B X N R W K C I I J D Y H H E T A K S L  
 W C U C N B F D T A C T D C U B R R S C G H E K  
 S N S A G O Q Y C E A M N O D R G O N D E R T E  
 U A A T B V I E Q C C S W X S S W P M C F Y J C  
 M L I I E V D T U C E S R O T C A F K S I R R K  
 O A C O H W T D N O O A B O J W H P A T T M T N  
 W B A N G C E D A E Y U B G M S H M L A O F I I  
 F C U S R E K L A W V Z P W R D U B O Z Y A Y T  
 T R A I N I N G S M U E H A I K C H M L P R K C  
 I B Q D Q L B K H Y Q I R C M A Y C Y P H H F E  
 B Q A J N O U X Y I A H G P S P I L L S U X C U  
 M L W P J A V U C R T R A N S F E R S X O Z N Z  
 X X J W K E E P A C T I V E R U E G O O P R Q P  
 S X H F T R V R U H R A E W T O O F R E P O R P  
 O T N N N Y A L M H J K V A G I D I V Q H Z W B  
 B X H I N C O N T I N E N C E M C J T W V Y B P  
 M C F G Z S E S S E N L L I T R O P E R F X L Q  
 Y N X A I Z D Q K S X Q H I R D Y Q N W Q L Z J  
 Y G D F V L U Y R E M O V E C L U T T E R D L Z

Report illnesses	Proper footwear	Remove clutter	Strengthening
Risk factors	Good posture	Incontinence	Keep active
Medications	Prevention	Education	Transfers
Training	Exercise	Walkers	Balance
Spills	Lights	Pain	Age