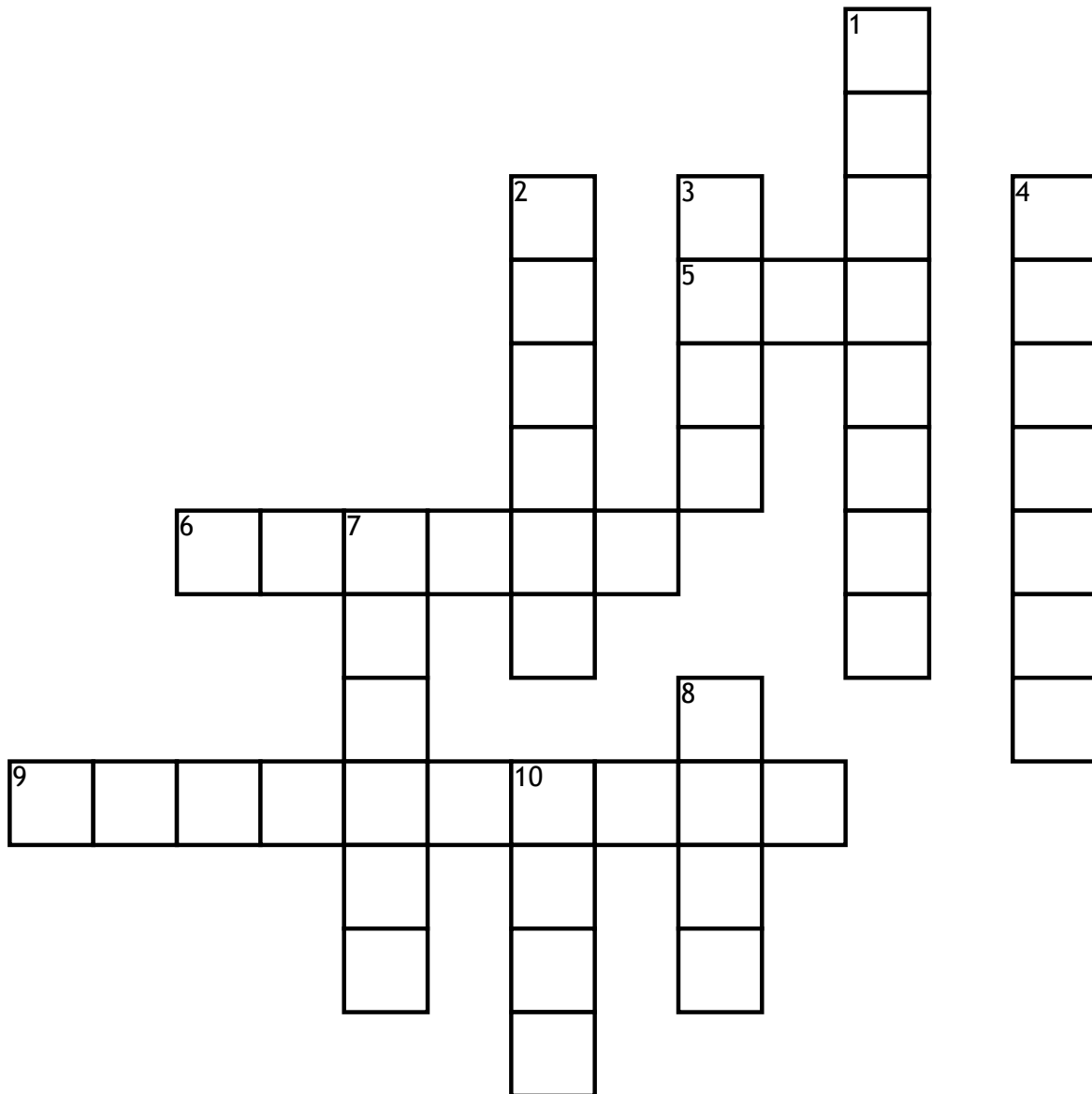


Fall Prevention Crossword



Across

5. The risk of falls increases with _____.

6. Have your _____ Checked yearly by an eye doctor.

9. _____ Is key to avoiding injury due to a fall.

Down

1. _____ training improves your muscles and bones to help prevent falls.

2. Tell your _____ if you have fallen recently.

3. one in three adults _____ each year

4. Poor _____ is one reason for falling.

7. A home _____ checklist will alert you to fall hazards.

8. Taking _____ or more medications increases your risk of a fall

10. be careful not to _____ trip over cords, pets, and clutter.