

Fall Prevention

B J J U C H M R D E O M Z D R N H L C K H G L V
 H M N X K L Y N I B C A O U J C D C Z F O T O Q
 L T W U S C A L L B E L L H W W N C I Q A W Y K
 S N E F Q K Q J L L P R O P E R F O O T W E A R
 H R N M T F Q N R B F A C G B F N A Z E P T M E
 Q A E X K H V E N D N N Y A W L C E C S Q P G L
 M M U V C D E C C Y B O A I C V C N F N S O L R
 P U T S I K U R D N H I I U E B A E S Y E O L A
 S S Q S E G I U A P E T O V F L D H S X U R G D
 C C V L F W E C U P Q N A R A K O Z Y V W L J R
 V L V F R A A R P O Y E I B D Y B J L H G I G S
 U E X G Z O B L A F A V R T V U M P U T A G Q I
 J W Y T J K K F K C C E E U N S O R H V R H M A
 C E N E U B Y K A E X R T P W O E B N S E T E K
 C A C M C Y X A T L R P T Q C L C R S S A I D D
 Q K S J E T Z G B V L I U S V K P N U M R N I U
 J N E C U W N D V O P S L P E T J P I F U G C A
 K E C M G A Q I H I L J C X D S Z W R R G R A P
 T S V C I Z P D B S L U I P M G I K E Z S G T B
 M S V G T U A R F L A N I K T L K C K F L X I G
 Y C Q F A E I C R H B R A Q F F D H R K F Z O N
 B M O Z F Z N J M P Z Y S F C S K U X E G O N Q
 W E T F L O O R S T X T N M V L X P T R X Z S F
 C X P U Z Y K V Q O P U R G P C U W B W O E L M

Muscle Weakness
 Medications
 Wet floors
 Balance
 Falls

Proper footwear
 Prevention
 Exercises
 Therapy
 Pain

Poor lighting
 Caregivers
 Call Bell
 Fatigue

Incontinence
 Use walker
 Area rugs
 Clutter