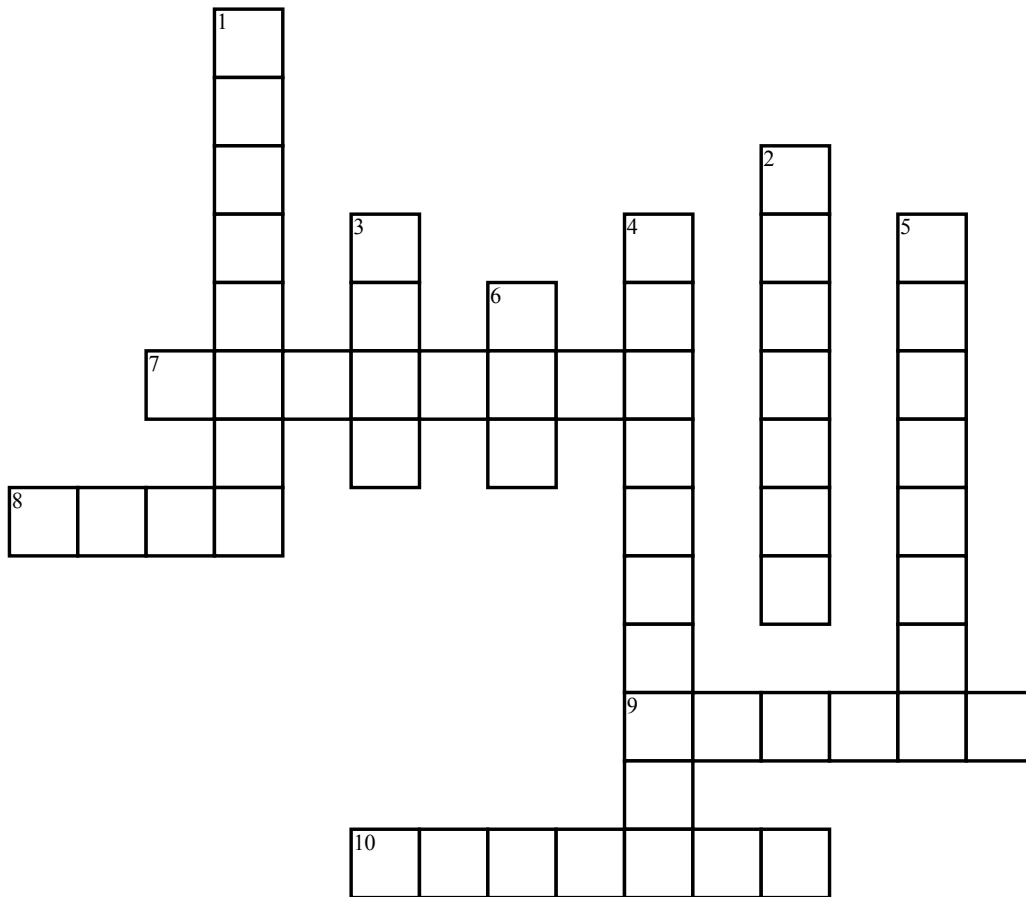


Name: _____

Date: _____

Fall Prevention



Across

7. Absorbed from the sun and supplements
8. Modify your _____ to reduce clutter
9. Leading cause of _____ among older Canadians
10. Poor _____ is a factor of falling

Down

1. Participation can increase bone strength and fitness
2. Eating _____ meals influences strength and prevents weakness
3. A type of bar to help with toileting
4. A type of review completed with your doctor
5. Falls Prevention Month
6. Breaks in 95% of falls

Word Bank

November Balance Vitamin D Exercise Home
Healthy Hip Grab Medication Injury