

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Factors affecting physical health

X E Z A X X C Z H X V E X O V F S Q D T U D L U  
F G Q Q M B A V W J B B Z A Y Y Z F J Y C B W J  
F C J P H Y S I C A L A C T I V I T Y W T D A T  
K I X C M C L D G O S H R M O P J D B R P W I U  
A W Z K L I W G D Z P E J Z B H E G T E D K Q U  
W E J X G A O K B Q I U R I Y H M I N L Y F L G  
A D L Q J L R H L K Q S Z H B T E Q F A T N D T  
P U X W B H K S Q M Y X K P C L F D B T D Q Q Y  
F C C N V E A D Q N I T A D Y B S V C I H R G R  
M A E X K B L H U J D N Y T I A C A E O N D B T  
M T S W R F G N I K O M S N P P X G V N E C P S  
Z I P S V X A A Z V H E B X W S N O O S A Z Z R  
T O K I A A H K M S F E A F I Y K T X H V M U D  
A N C Z K S G Q E I G E R Q H Y D M B I L L R P  
L Y C P J J Q T L E S Z K Z N P B T V P J U S I  
C P L B J E Z L J S G G C K T N C Q T S G I Y C  
O C I B C D I E T V Y R W F M S T R E S S L W L  
H P F V L L D O J E G A E N G C D N W A D C E P  
O P F O R A V E V V R G D M Z U W H U C H K P Q  
L K G B W N L I B G E T Y D U Z A G V F F C Q C  
Z I R L R V M E D I C A L C O N D I T I O N S I  
T Y Q S P P H R B C D F J M A P J F L D A T O R  
D R K K I S I L H K A L B Y U H D X N X Y N S P  
F Y O O B W V G C T M H A H C S D F G C C D Y X

medical conditions

physical activity

relationships

education

lifestyle

smoking

alcohol

stress

drugs

work

diet