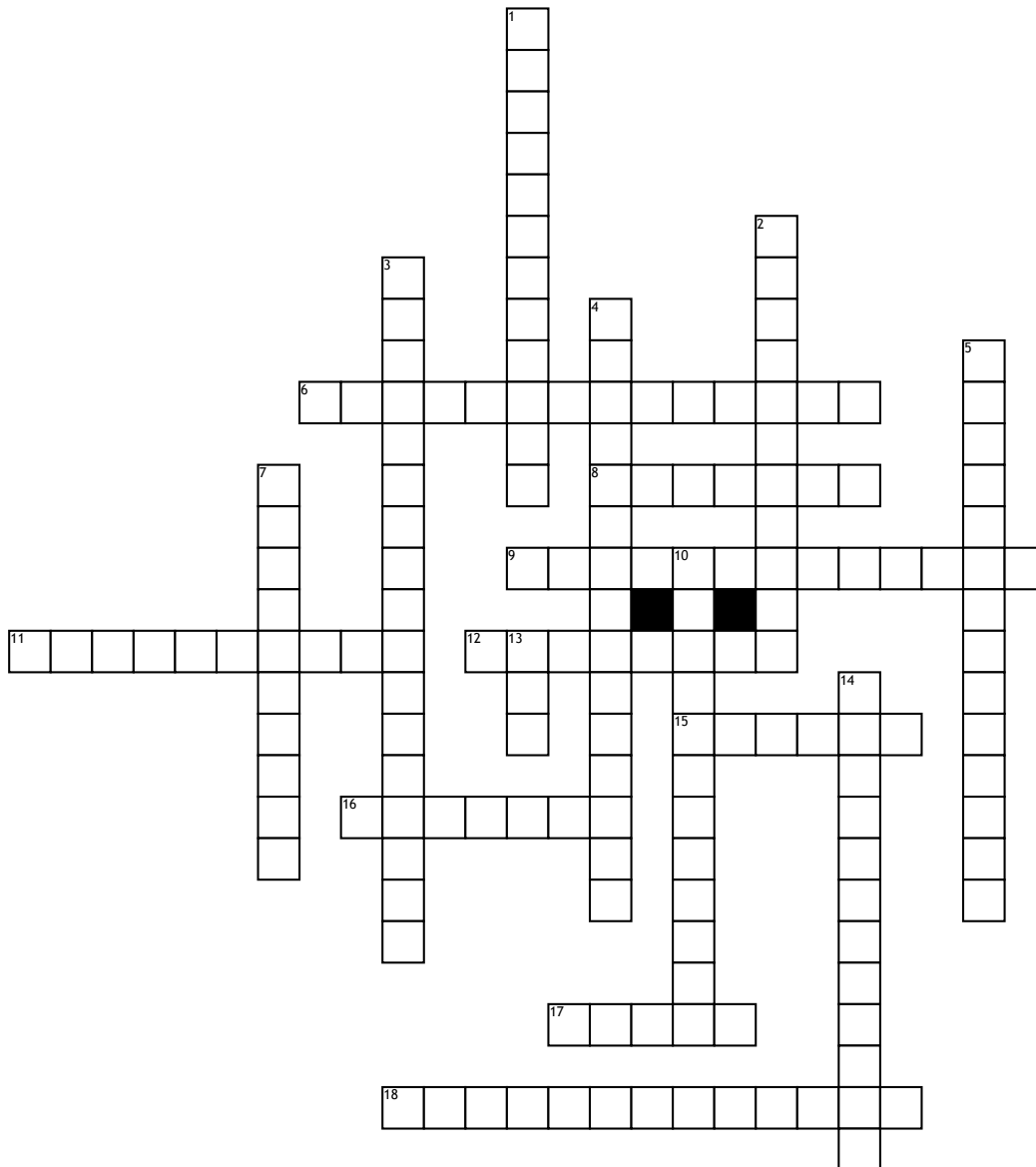


Factors Impacting Performance



Across

6. The ability to make the correct choice.
8. The ability to change direction at speed whilst maintaining control.
9. Firmness of purpose
11. The reason or reasons for acting or behaving in a particular way.
12. The quality or state of being correct or precise.
15. The choice, judgement, or control of when something should be done.
16. An even distribution of weight enabling someone or something to remain upright and steady

17. This is a combination of speed and strength.

18. The ability to focus.

Down

1. The ability to use different parts of the body together smoothly and efficiently.
2. The mobility of your muscles, which allows for more movement around the joints
3. The ability of a muscle or group of muscles to work continuously without tiring.
4. A measure of individual resilience and confidence, particularly when facing setbacks.

5. A function of alertness, situational awareness, vigilance, level of distraction, stress and direction of attention. In effect, how ready a person is to perform appropriate tasks in a timely and effective manner

7. The use of imagination or original ideas to create something; inventiveness

10. The length of time taken for a person or system to respond to a given stimulus or event.

13. The ability of the heart and lungs to work continually without tiring.

14. The act of expecting or predicting something.