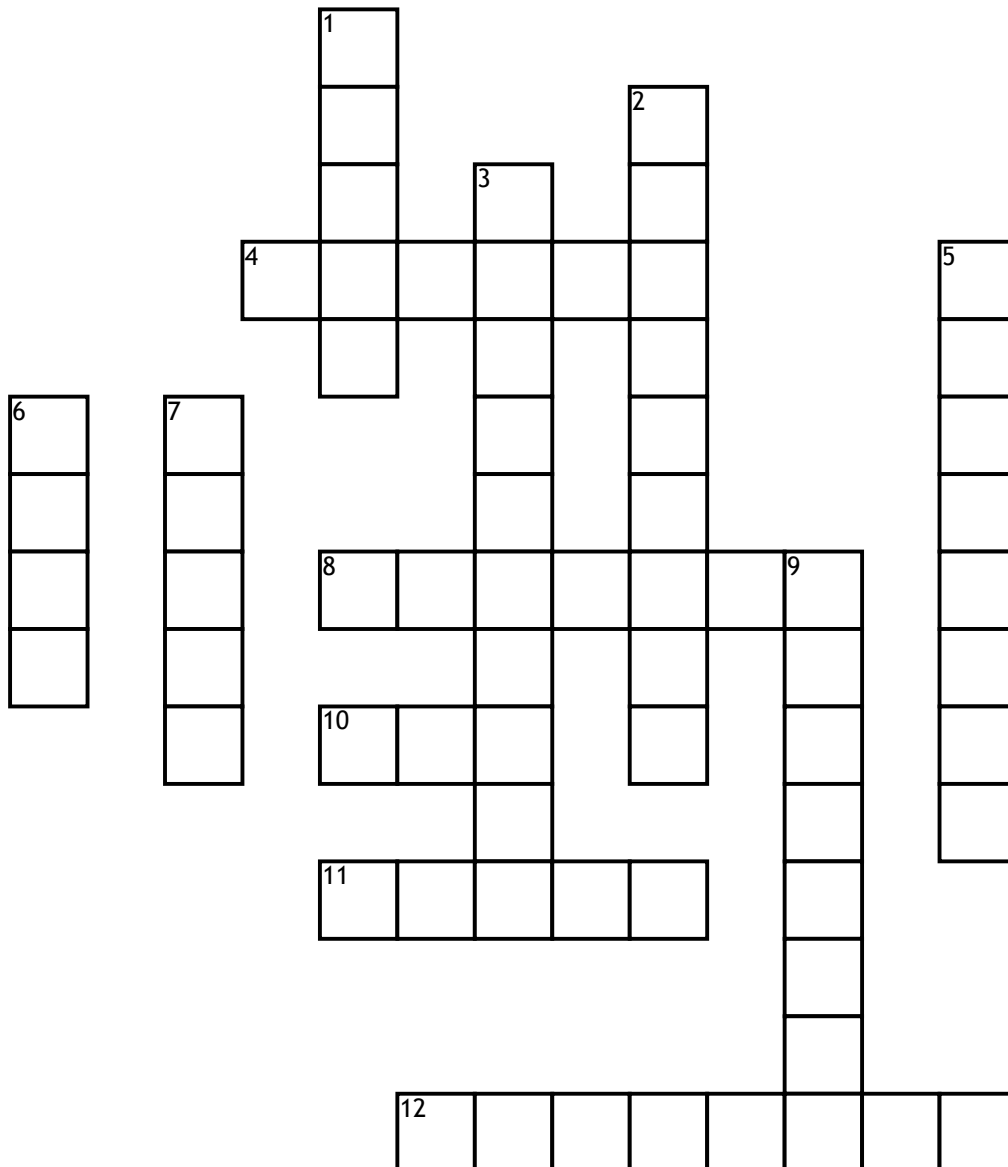


FALL PREVENTION



Across

4. Should be checked by a doctor each year

8. Strengthens bones and muscles

10. A throw

_____ can cause you to slip and fall

11. Drink 6 to 8 glasses each day to prevent dehydration

12. Wearing a safe style can significantly reduce the risk of an injury

Down

1. Should never be used as a step stool

2. Stairway safety feature

3. Should be installed along the path from bedroom to bathroom

5. One of the most important ways to reduce your chances of falling

6. Make it safer to prevent falls

7. Leading cause of injury for people over age of 25

9. A dosage change can make you drowsy or light headed