

Name: _____ Date: _____ Period: _____

F.A.C.S DISCOVER YOURSELF

P F G S E L F A C T U A L I Z A T I O N G T T O
E Y E R G C L N S A O W S B H V P Q D Q P K H M
E N T K O R C M J X H E I W J O Q K U E K Y Q J
N Y T I E O J T F G D V X P T V W C C H R F F O
E H U U L Y M C Q P Z K T E W V P N A F C X Y N
I C L U S I A I K W P S N F Y G O C Z V D T I O
G R E D C G B M N J F T P M M C W M S J I A X I
Y A R E S H J A W G I A H X F W Y X C D L T X N
H R N R M X R Z D A Y N P L T D V T E N B H Y I
A E X M N C G R L N N J E R W A W R F W U R J P
K I X A G L H X V K E S P U S E E K M B I B J O
I H L T G Z O V R P F P S R R H Q Z Y K X G D Y
L S Q O O M C E H N U B E Y B U T H T R V G Y E
A W G L U J T C M W Q T D D T V E D B I Y W L X
G O H O T U U Q Z G S W W T E I I K N L X M M K
A L O G F M E E T S E F L E S F L Q V Y K C T T
L S T I U M B H A O Q Q M G F J F I L P C X E X
A A U S Y R E U C W X I U H D G V S B W X P I H
B M E T U E R P N O A G V Q R L V W S A S H T V
H N Z H Q S X V E O A F C Y A M P D B Y R Y N R
I N T T H P D E V U B N K W V M O B C A F U O J
P Q X Z Z E M G U I O E C N E C S E L O D A D W
P X O L F C E R U T L U C F M J X B L C N J L D
X C O N S T R U C T I V E C R I T I C I S M E N

constructive criticism
dependability
adolescence
potential
opinion
Culture

self actualization
dermatologist
self esteem
grooming
respect
cavity

Maslows Hierarchy
self concept
durability
Heredity
hygiene
acne