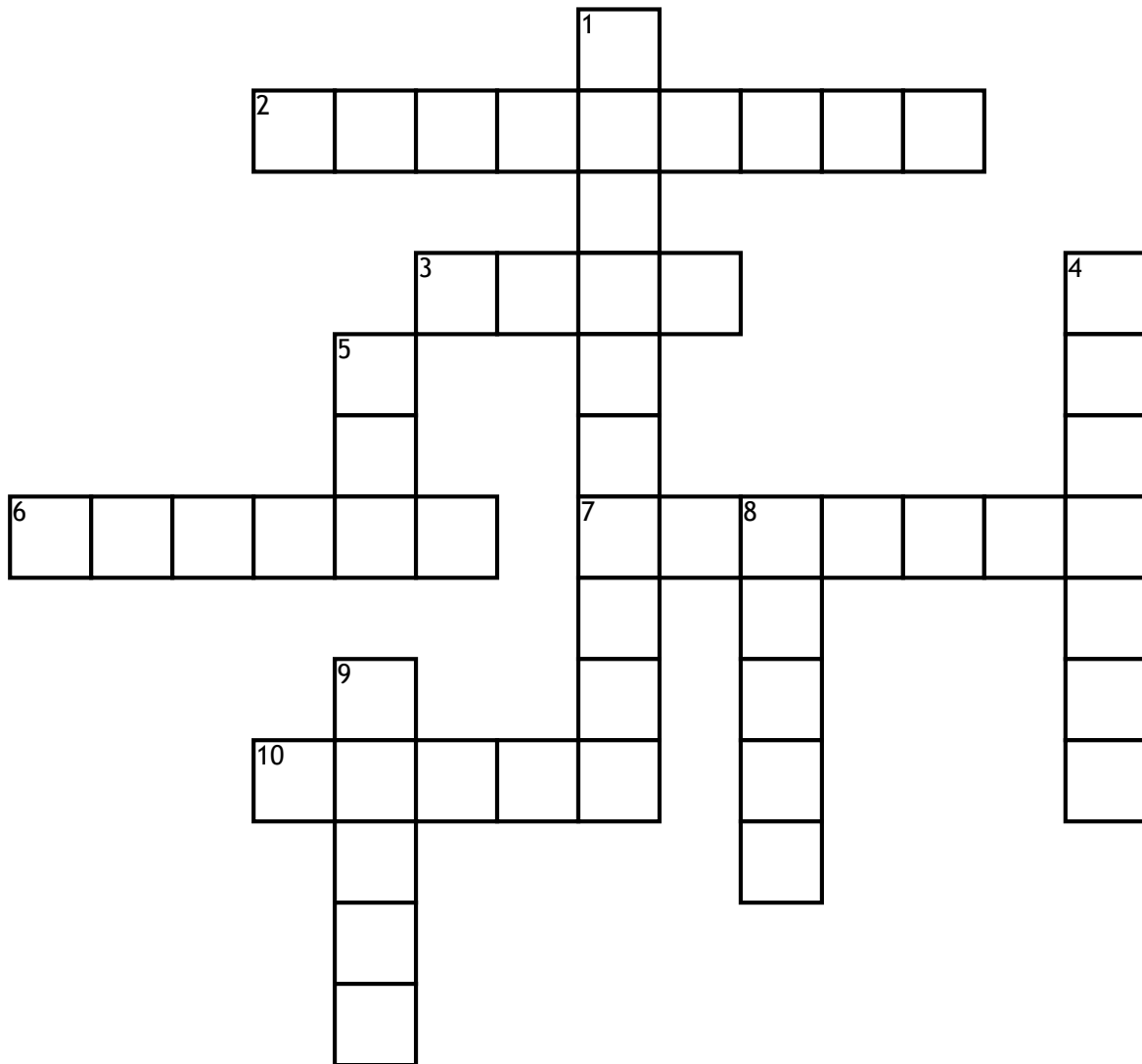


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Exercise



## Across

2. A protection for your skin when you are in the sun
3. What is something that you do in water
6. The name of the exercise that requires you to sit and stand repeatedly
7. An essential routine activity that is also exercise
10. What is the best thing to drink while exercising

## Down

1. A type of clothing you wear for exercise
4. What do you wear on your feet for exercise
5. A sun safe accessory for walking that you wear on your head.
8. The exercise where you stand and bend one leg forward
9. What is an exercise that you can do to music