

Name: _____

Date: _____

Exercise Physiology

B A E H C A R T R N S A G V T G N I T A E W S C
Q F O T D O W O S H O H R U I E S B V H R S H G
E L W K H I S L R T Y I P T G U R C Y H L P Y A
T O X B C A C C J M R T T B E E M P A H E A R T
A N J M A Z A A T O U O D C A R E Z J Q V G M M
R G E U R I V R C O V Q K T A R I Q N C I O I W
T T Q F H E A T C I T I H E T R G E P L V K O E
R E P S C I U A Y D T I M R V W T O S E N R F A
A R O K N L I G H W N C O M O O S N M M B O K N
E M B I Z D U X I G X P A E E T L E O N U I S W
H E N L R T A E H T H S B L U D N U Y C I K E E
I G B A F T Z U H Y A S W R H T I Y M A Z D D B
X Q C I Z W B V N H Y F E P D Z L A N E M D I P
R E C O V E R Y E X J U U A B E H B T O Y M X A
I G P E R F O R M A N C E L P S F W U E Y E O L
P R E S P I R A T O R Y O R H N I T O I Y T I V
U T R A N S P O R T V O C W Q O H Q L S L A D E
M Z N E G Y X O J M D F Y S P P C X P G Y B N O
P D J O X X K P S N I E V N E S N X J N S O O L
M U S C U L A R S Y S T E M O E O M V U V L B I
M P T K E X G E T S A W K X O R R G U L I I R L
R A L U C S A V O I D R A C F T B B W T B S A D
A S K Y G R E N E N I G N N I K S I O Y W M C U
K H S I I X O F G N U T R I E N T S X U O W V A

Cardio Vascular
Performance
Metabolism
Breathing
Training
Bronchi
Veins
Heart

Muscular System
Lactic Acid
Heart Rate
Nutrients
Recovery
Trachea
Mouth
Pump

Carbon Dioxide
Contraction
Transport
Movement
Sweating
Alveoli
Waste
Skin

Cardiac Output
Hypertrophy
Long Term
Arteries
Fatigue
Energy
Blood
Heat

Stroke Volume
Respiratory
Immediate
Response
Posture
Oxygen
Lungs
Nose