

Name: _____

Date: _____

Ergonomics

Y E S Z Z H L E N N U T L A P R A C S T L R N U
Q V D T V V N P L W H L J T S H G L M K J J J B
K I N S R I I U X Z P O P M Z N O W A P U N M X
J U T N A E T Z H C F Y O W E B E N D I N G Q Z
N A E R C V T F F F V T P I P I K Z E P M S N R
D M P K S P V C U Q P T P E T M S B D C T J U N
E S M G P G R C H M U Q N R V E V Q E G T N D W
T M K Z E K R I Y I T P I I J Y G A E R M I R L
N C U B J O N S B R N G S H O O T M P E N A S J
D Y X S T B A E L H G G O A T J D U B E K P S E
V C S A C W L M E E K N R I H A R M F U L G E U
O J T Q V U G O R L A B I E I V E D O Y Z N N C
K O Q X U W L F O M I T E A N E L N U C O I I D
R J X O R A I O D D H N C E P B V Y N A F B S T
T W H N Q N T A S V F N G P V G B H J H R B M V
S R U L G H W T W K J L U M T M N R I H F A U A
H J P E X B E F I W E O O M Z W M I S Y M T L U
G W R W U S T A M N B L E W B L Q E K T W S C M
G D I I F S B L V M G R E X Z N M R D I R R H P
B P K J S R O O U Y V M F T S R E K Z O R A D V
T J W X D H E A L S R N R U A C S S F K Q T I G
Z K G X C L V K S R V W Q T O L Q I S E J W S N
H G S D G N I A J U B M T V V R D R A W K W A T
G T B Z T D J Z C N O K P A J X H V N X S P S T

musculoskeletal
striking pain
stretching
symptoms
sprain
heal

trigger finger
rotator cuff
squatting
awkward
strain

carpal tunnel
blood flow
kneeling
bending
heavy

stabbing pain
clumsiness
numbness
harmful
joint