

Ergonomics

J X C A R P A L T U N N E L S Y N D R O M E R C
S R E D R O S I D L A T E L E K S O L U C S U M
N J P P J A S L N C M F N F I U L R E R Q H G J
G Q L B Y X P O G J A J Y H E Y O A P I N Z O U
I I I D S C V W F R E Q U E N C Y Q A T Y W V A
S J D R D A H T O I K R P R M L M D H I H Y V Y
E Y D M R E P E T I T I O N I U L D E J Q M M X
D Q W S E J G N I T F I L E F A S Y V E V U Y C
E N O Z K R O W L A M I T P O U B S T R A I N Y
C P I H I K U W J E R F M K L L L H T I N U E J
A G N I L L E W S V O P A N E K Q E F N S Q M H
L B I V Q Q E G I X R B O F H F N R G D O Y V G
P C Q T O Q C B J Z K I X Z S D P I E K B S C T
K I A L N Q R C Y W S A O R O R S D P Z L Q T L
R J U N J A O K Y N A C B N Y E M M X F P R C Y
O C Q R T G F H E D U W I T D J E W F F I J G D
W L N I A P D T P O S T F L I U C U L P R D S N
J V O D O P X O V B I G O H W T D S G E C O I E
C N K G C E X V Z S Z O C S Y T K V M I U M U G
G Z M W R Y J V M A T J S D E P A P O X T K N S
I N B E W X J D K U P M T C R F H P F Z E A T O
F L P G O J Y B H E H W M O Q U G U P R G E F P
V Y D Z Y W J S C I M O N O G R E S L J M A A K
H Y B B M F O N N O I X E L F R E P Y H H Q I I

musculoskeletal disorders
workplace design
safe lifting
repetition
frequency
strain

carpal tunnel syndrome
hyperextension
tool design
ergonomics
swelling
force

optimal work zone
hyperflexion
tendonitis
vibration
fatigue
pain