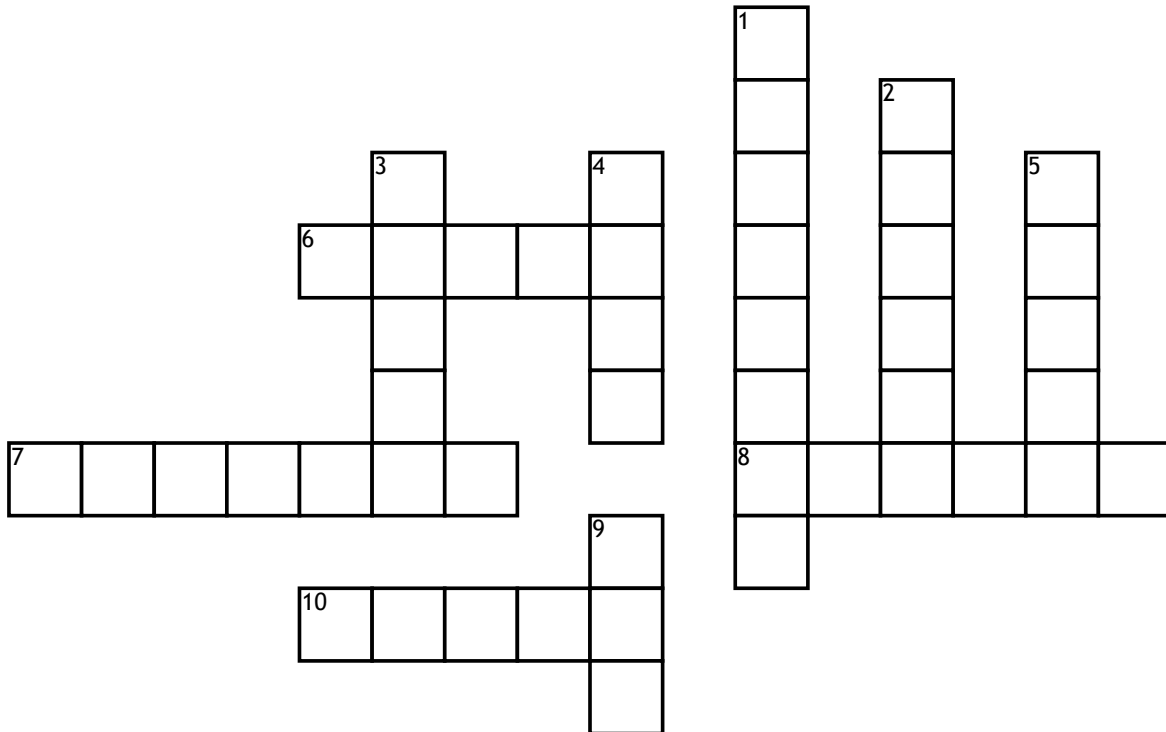


Name: _____

Date: _____

Ergo Crossword



Across

6. What is light shining off the monitor called
7. _____ postures reduce blood flow to joints
8. Your keyboard should NEVER be _____ toward you
10. You should take _____ breaks

Down

1. What supports your arms
2. _____ tunnel syndrome
3. Sit with your feet flat on the _____
4. Cradling the phone hurts your _____
5. place your _____ right beside the keyboard
9. Fit the _____ to the worker