

Name: _____

Date: _____

Emotions

D Q H B S J K N M U D Z F D I P X T I R E D Y K
 Y F G U Q A A R R K O Z A E F L X Z T W A H Y G
 I G Q M M X D V R I F V S T E I D R U L E L A D
 F R H Y G K R K A Q W B E N V C I U D T U H E A
 Q W V V S A O G T T J I L I S F S W S W L R Z J
 H N D X F N X J X W J E F O X T C N C P O Z L K
 X I R H V X K K Z U F B C P N T O E A B P O G Y
 W O N L K I R X Z W T I R P S P U R R W Z Z L Q
 Q C S A L O R D W D Q I I A U Y R V E J H T S Y
 O W C S E U T T E R S D T S Q N A O D W L M H O
 A X Y F X S M S Y F W D I I N K G U Y C P Q P K
 P U U G U A S I B O F I C D C V E S O Y P P A H
 F V X M G E Z C R R Y E A N S A D N D N B E I T
 P Y M J R X N R U B F H L G T W T E S V O M D P
 B S H P P J I S A Q Z A X K R E S P H R S L T Z
 T P E T X E T G A N X H O U N S E Z U Q M F H E
 Y D K L D R O Q D B I D L T E O H Y R G N A E G
 Z C S N A D F W Y Y E J E R I L S U O Y Y D O Y
 S Q C T X Q J N M X X D T Y O J X E I Q R E K K
 E H E Z A J P L A Q L S Z N A C T S E U I T P V
 I D D C M W D L Z Y L S E B L N W P F K A I R P
 E C U K L K E O D S D L H W C G A A H N L C O U
 G Z H Q Z R D N U K Y Q B N U A V J V K V X U A
 X R J B M E V I Q I U E G X I J L A B J H E D O

self critical

disappointed

discouraged

frustrated

contented

depressed

stressed

anxious

excited

nervous

relaxed

worried

lonely

scared

angry

bored

happy

proud

tired

sad