

Name: _____

Emotions

Z Z F E S F V Q Q D R E L A X E D A R A B C C R
E O B D J Z U B T I R E D T K I P D W S C U F I
L Y Z Q D H L J D Y Q U J E F R U S T R A T E D
A Q G P J D E E E C O N F U S E D D P E J I Z F
T N E R V O U S P A U V K M E V E C P O W Y H C
E I S O X I O W R G S L O Y M X X O N E W U P D
D A E U M T Q L E G G S Q N B Q C N S J G P G F
S P H D M E A N S R P D U G A D I T Q W T S S X
Q P P F T O V J S E R K Z T R P T E I R B E H V
B R C F V S Z G E S Y S B E R E E N S A D T Y I
A E K Q M A A I D S U I K J A A D T Y A C S T X
N C S I L L Y I N I I C F Q S C J R B Y M C C K
X I H A P P Y U I V R K C G S E A N G R Y A E M
I A B J A N N O Y E D P W R E F J M J A B R X Z
O T O W H Z T H A N K F U L D U R C H I P E H W
U E R P E B D K R B M B U G E L D F C A U D A Y
S D E L L D E W C R A B B Y T R E W G I E C U L
R B D R P F O C U S E D Y L Z V I Y P M C X S C
S I B J F N G N Q V F C L M F R I E N D L Y T D
L O X H U I I M P A T I E N T B Y B E G F I E N
L X D U L V S F M S X R N S M J E A L O U S D M
L G O R O V E R W H E L M E D L X Q N Q Y U V J
Y G E T A U N C O M F O R T A B L E Q N R N S N
Q T E R R I F I E D W O R R I E D R L C A L M P

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|---------------|-------------|-------------|-------------|------------|------------|
| uncomfortable | overwhelmed | appreciated | embarrassed | aggressive | frustrated |
| terrified | depressed | exhausted | impatient | friendly | peaceful |
| confused | thankful | helpful | worried | jealous | focused |
| relaxed | content | nervous | annoyed | anxious | excited |
| elated | crabby | scared | silly | proud | angry |
| tired | upset | bored | happy | mean | hurt |
| calm | sick | shy | sad | | |