

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Emotions

U N A W E K T E R G E R O M R D T M B F I M W Z  
M R O P D P C K G S A C T I X Y R R L Z F B J O  
P N E S U O I R U C R I C L U J U Q K Q X E X E  
C O U G N Y J I F H S B H M P F H L B D N L J G  
Q V D C N B O I F S M U T N D S E L D K L O M B  
X E E D T A Y U K R O D Y H Q N A P O K A N Y W  
K R T A V U L N E R A B L E A M S P R X F G P S  
D W A S D H A N X I O U S Q E T M E T D D I N C  
I H R X D V M I B M T N E M E G D U J W E N Y B  
S E T X R E A I E Z L D G Z N M U H Z U S G A W  
A L S P S G I T S O I X J M O M O Y A N I J P J  
P M U V E U M R S N L X O V I L U X W W R E Q H  
P E R S F M O B R C T W J O T R G Q P E P I F H  
O D F D E E P L M O H S Z E A R R J W D R W H R  
I V Y K V U T A A D W H Y J I B I X L U U X M W  
N E I O S L O Q T E C E D A L D E Y V T S C V I  
T D L C I S P C X H J W U V I Q F D C I V A D O  
E U A U Y O H Y M R Y E Y B M F V I K T J L W E  
D D G S C O B A L M G M P Z U D X S X A T D P X  
E N U K E H J X P Z W A M X H V A G A R D T E C  
L B R A E F A G F P M H Z V U W X U E G P B L I  
T L G H C X V L M K Y S I G I E A S O W G T M T  
F Z A G V F C U W D Z L O N E L Y T S L K X R E  
E M B A R R A S S M E N T G O Z I G P B U X L D

|               |              |             |             |            |
|---------------|--------------|-------------|-------------|------------|
| embarrassment | disappointed | overwhelmed | humiliation | vulnerable |
| frustrated    | surprised    | gratitude   | judgement   | belonging  |
| worried       | jealous      | excited     | empathy     | disgust    |
| curious       | anxious      | regret      | lonely      | shame      |
| guilt         | grief        | blame       | anger       | happy      |
| fear          | love         | hurt        | sad         | joy        |